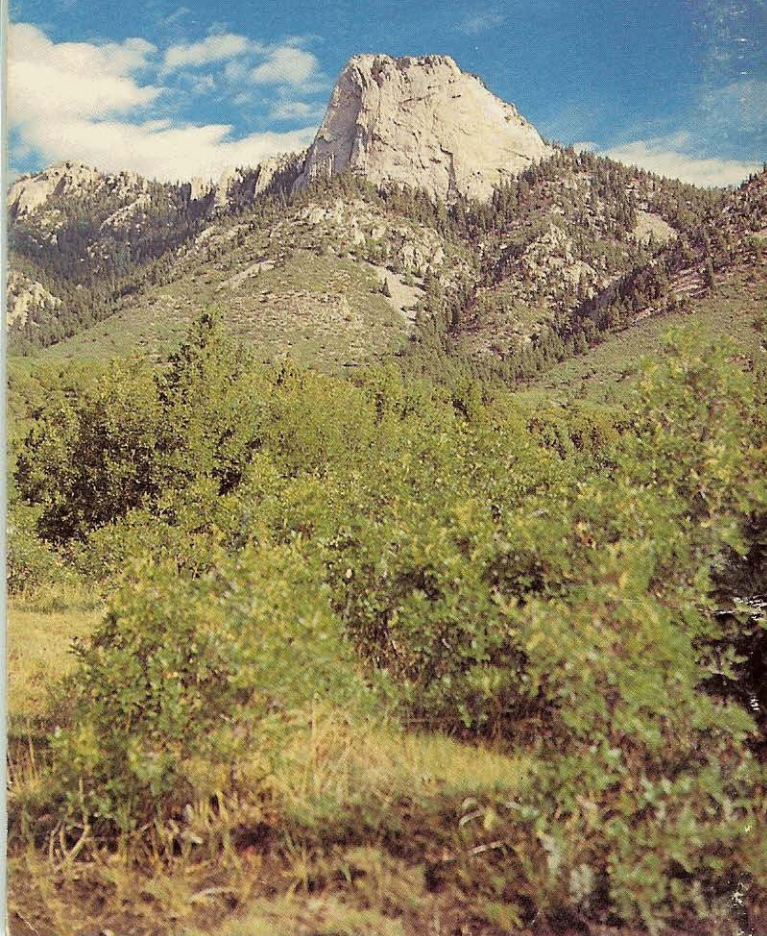


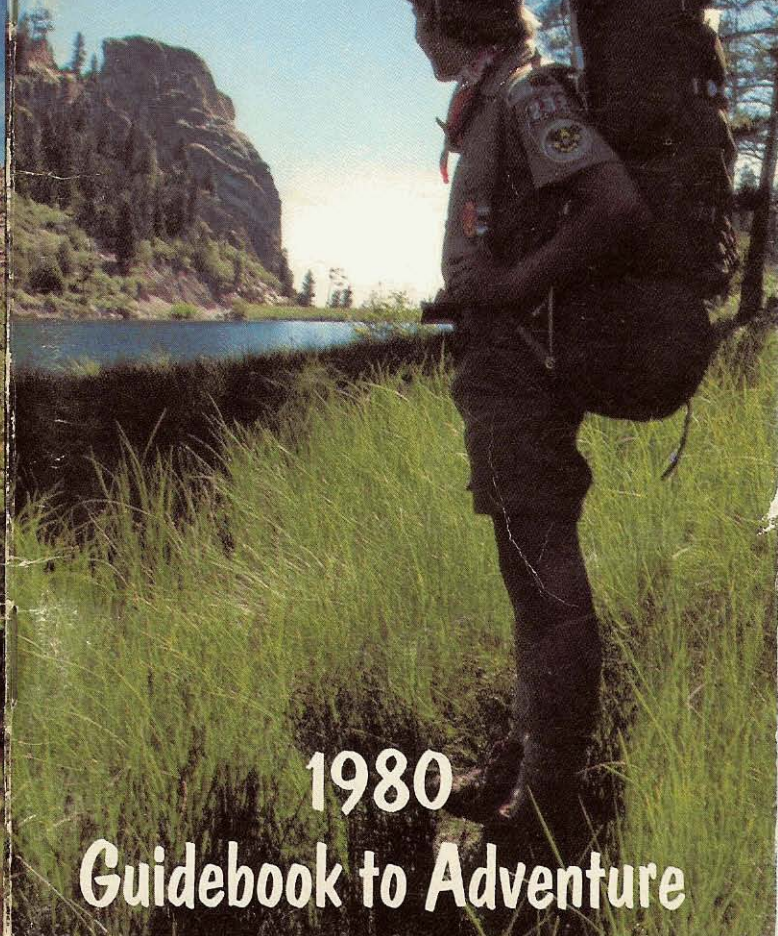
PHILMONT HYMN

Silver on the sage,
Star-lit skies above
Aspen covered hills,
Country that I love
Philmont, here's to thee
Scouting Paradise
Out in God's country — tonight.

Wind in whisp'ring pines
Eagles soaring high
Purple mountains rise
Against an azure sky.
Philmont, here's to thee
Scouting Paradise
Out in God's country — tonight.



Philmont



1980
Guidebook to Adventure



CIMARRON, NEW MEXICO 87714

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PHILMONT MAGIC

There is a magic spell at Philmont. Long ago the Indians felt it. Later Kit Carson, Lucien Maxwell, and other mountain men were captivated by Philmont Country. A century later, the late Mr. Waite Phillips found himself under its spell. Nearly half a century ago, his son, Elliott, and his cousins found it almost a necessity to return to Philmont during their high school and college summer vacations.

LOCATION AND TERRAIN

P 2 is a national camping area, owned and operated by the Boy Scouts of America. Philmont is large, comprising 137,493 acres or about 215 square miles of rugged mountain wilderness in the Sangre de Cristo (Blood of Christ) range of the Rockies. More than 20 staffed camps and 50 unstaffed camps lie within ranch boundaries. Philmont has high mountains which dominate rough terrain with an elevation ranging from 6,500 to 12,441 feet.

HISTORY

P 2 has a unique history of ancient Indians who chiseled writings into canyon walls... Spanish conquistadors who explored the Southwest long before the first colonists arrived on the Atlantic coast... the rugged breed of mountain men like Kit Carson who blazed trails across this land... the great land barons like Lucien Maxwell who built ranchos along the Santa Fe Trail, and gold miners seeking fortunes. All these men left their mark on Philmont.

WILDLIFE

P 2 is abundant with wildlife—deer, elk, coyote, antelope, mountain lion, buffalo, beaver, wild turkey, bear and others. Its hills and canyons teem with birds and its streams abound with fish. Its cool mountains harbor a wilderness of botany—trees, shrubs, flowers, and grasses.

BEAUTY

P 2 is rich in natural beauty including the soaring Tooth of Time... sunrise from lofty Mount Waite Phillips... the blue water of Cimarroncito Reservoir... the panoramic sweep of the plains from Urraca Mesa... and sunlight filtering through aspen along the rippling Rayado.

PROGRAM

P provides an unforgettable adventure in sky-high back-packing country along hundreds of miles of rugged, rocky trails. Program features combine the best of the old West—horseback riding, burro packing, gold panning, chuck wagon dinners, living history, and wilderness survival—with the most exciting challenges today—rock climbing, burro racing, 30.06 rifle and mountain search and rescue—in an unbeatable recipe for fast moving fun and outdooring.

FELLOWSHIP

P means camping with your own unit as well as meeting and sharing experiences with other crews from all over America and from other countries. This is an opportunity for fellowship and understanding unequalled anywhere in America.

STAFF

P has the finest staff in America. Each member of the 500-person staff is carefully selected from hundreds of applicants. Their strong Scouting spirit, knowledge of camping skills, keen interest in their respective program specialties and a love for Philmont make the staff dedicated to seeing that you have a rewarding and memorable experience.

When you come to Philmont, take advantage of these opportunities. It is one of the best investments you will make—the returns are great!

WHO MAY PARTICIPATE?

In keeping with the policies of the Boy Scouts of America, requirements for acceptance and participation at Philmont are without regard to race, color or national origin. Participants must be registered Scouts or Explorers who will be at least age 14 by September 1 of the current year. Exceptions to the minimum age should not be expected.

P Philmont cattle brand

P Philmont horse brand

**ALL PHILMONT PARTICIPANTS MUST BE
AT LEAST AGE 14 BY SEPTEMBER 1.**

AWARDS

Meeting the challenge of Philmont is worthy of awards. By themselves awards have little value, but they represent a Philmont experience that can never be sold or traded—only earned. Philmont presents two awards.

The Arrowhead Patch

An individual camper award presented by your adult advisor when you have:

1. attended opening campfire—"The Philmont Story"
2. completed a Philmont itinerary (except for medical reasons)
3. completed three hours of staff supervised conservation work or a camp improvement project on Philmont.
4. fulfilled the personal commitment to Wilderness Manners (see p. 27)
5. taken advantage of every opportunity to learn about and improve our ecology, and practiced the art of outdoor living in ways that minimized pollution of soil, water and air.

The "We All Made It" Plaque

An award presented by Philmont to each crew that:

1. demonstrated good camping practices and Scouting spirit
2. followed an approved itinerary and camped only where scheduled
3. fulfilled the commitment to Wilderness Manners (see p. 27)
4. took advantage of every opportunity to learn about and improve our ecology, and practiced the art of outdoor living in ways that minimized pollution of soil, water, and air.

**PHILMONT AWARDS ARE NOT FOR SALE.
THEY CAN ONLY BE EARNED.**

Fifty-Miler Award

The Fifty-Miler award, given by the National Council, BSA, may be earned by members of both chartered and provisional units. Requirements for this award include hiking at least fifty miles and performing a ten-hour conservation project—three hours at Philmont and the remaining seven hours in your council. All Philmont itineraries can qualify crew members for the Fifty-Miler as it relates to distance. The award is secured through your Local Council Service Center.

PREPARING AND TRAINING FOR PHILMONT ADVENTURE

A Philmont expedition begins at home. Months before arriving at Philmont you should begin planning and training. Even the best mountaineers and backpackers lay careful plans well in advance of their treks. Several details must be completed when your advisor receives the "expedition advisor's kit."

Your Philmont Itinerary

The first step in preparing for Philmont is for your crew to select your itinerary. An itinerary is a hiking plan which describes camps and program features for each day on the trail. Crews are to make five top choices of itineraries and submit them to Philmont *before May 1*. Philmont will confirm one of your selections, hopefully your first choice. Complete information about itineraries is contained in the booklet PEAKS (Philmont Expedition Adventure Key to Superactivities) which your advisor now has.

Medical Record and Inspection

You must fill out a Health and Medical Record and have a physical inspection performed by your doctor *before* departing for Philmont. Physical inspections are valid for one year from the date of examination. You are required to have had a tetanus shot or booster within ten years. Give your completed medical form to your advisor to present to the Philmont Health Lodge. A fee is charged for inspections of campers who fail to get one at home or forget to bring the medical form. An additional charge is made for required tetanus shots when given by the camp physician.

Know Your Expedition Number!

Your expedition number is assigned by Philmont. It is determined by your expected arrival date. If your contingent is to arrive July 14, your expedition number will begin 714 which signifies 7th month and 14th day. Since many contingents arrive each day, a letter distinguishes different contingents (for example, 714-A or B, C, etc.). If your contingent consists of several crews, numbers are used to designate each one. Thus, your crew's complete expedition number may be 714-A-2. If you don't know your crew's expedition number, be sure to find out what it is.

My expedition number is:

Fill Out Your Trip Planner/Postmaster Card

Get a trip planner/postmaster card from your advisor, fill it out and return it to him. Information on these cards is vital to Philmont's Logistics Services in case of emergency, to the Postmaster for sorting your mail and to the chaplains. Please clearly print or type both sections of the card and indicate your

complete expedition number. Please don't separate the cards.

Your Philmont Address and Mail

Your complete expedition number is essential for mail delivery at Philmont. Incoming mail may be picked up only by your expedition advisor at the Philmont Post Office when your crew arrives at Philmont and when you return to Camping Headquarters from the trail. But, you may *send* mail from any staffed camp.

Philmont address:

Your Name
Your Expedition Number
Philmont
Cimarron, New Mexico 87714

Emergency Telephone Number at Philmont

Telephone calls to you should be restricted to extreme emergencies only. Since Philmont comprises 215 square miles of rugged mountain wilderness, it can require several hours to transport you from some camps to return an emergency phone call. In those cases, it will speed contact when the caller has your full name and expedition number.

Area Code 505-376-2281

Physical Training

Even if you are able to pass a physical examination with flying colors, you need to get in shape for Philmont. Steep, rocky trails with 1000 foot climbs are not unusual. Also, there is 20 to 35 percent less oxygen at Philmont elevations than at sea level. And remember, you will be carrying a pack. Breathing is difficult, especially at first. Jogging, running uphill, and hiking with a full pack (including everything you intend to carry on the trail) are strongly recommended as part of your training. You can do this individually, and with other members of your crew. It is important to be in top physical shape when you arrive at Philmont. You'll enjoy it more and be less likely to have medical problems.

SHARPEN YOUR HIKING AND CAMPING SKILLS

Time and effort spent in sharpening your hiking and camping skills will allow you more time to enjoy the natural beauties and program features of Philmont. The best way to practice and develop these skills is to participate in several outings with your crew. Here are some of the skills you should acquire and practice.

Gathering Your Equipment

Backpacking requires proper equipment just as any outdoor sport. Without suitable equipment you will face unnecessary hardships. *Take only what you need.* After several overnight camps you should be able to conduct your own shakedown to eliminate items which you didn't need. Remember, the key to successful backpacking is to go lightly. Check your equipment against the recommended list on page 14. *This is the maximum.* Some backpackers can reduce this list considerably and still be comfortable and clean.

Recommended Equipment

Philmont is proud to include with this Guidebook a special brochure of equipment and uniform that has the label of the Boy Scouts of America. This equipment and uniform is used and approved by the Philmont Rangers and other Philmont Staff. It can be purchased through your local Scout Equipment Distributor, ordered with the form on the brochure, or you can probably buy it at Philmont's Headquarter's Trading Post.

Organizing Your Crew

A well organized crew gets its chores accomplished quickly and has more time to enjoy Philmont. Your crew should be well organized before you arrive at Philmont. If your crew is a chartered unit, this should be easy. If your crew is a provisional council group, it is especially important to be well organized. Teamwork, sharing total responsibilities, cooperation and initiative are prerequisites to a successful expedition.

Your crew should select a crew leader for your Philmont expedition. He will be responsible for making sure your crew functions smoothly. Your adult advisor will be available to advise him.

A daily duty roster will help to organize your crew. Each crew member is assigned a responsibility for each day. Jobs should be rotated so that at least one experienced and one new crew member work together.

Every job should be clearly defined. Your crew should have a list of all tasks for each job. Then there will be no question about who is responsible for what. Every person will know his job.

Packing Your Backpack

Here are a few tips for packing your backpack:

1. Everything should be tightly rolled and snugly packed.
2. Aerosol cans and glass jars are not suitable for backpacking because of their bulk and fragileness.
3. Small articles should not be loose in your pack. Put them in a bag.
4. Plastic bags are good for packing—they keep your gear separated and dry even if your pack gets wet. Experienced backpackers carry a bag of bags.

5. Keep most weight near the top of your pack, nearest your body.
6. Your map, poncho, first aid kit, and camera should be readily accessible.
7. Always put the same items in the same place. Then you can find them without searching your whole pack.
8. Check your pack weight. Twenty-five pounds with food is preferred; thirty pounds is generally okay. Preferred pack weights vary considerably with physical condition, age and experience.

Using a Pack Frame

Your pack will be more comfortable if fitted with a proper frame. When you have packed your backpack, practice putting it on your back by first balancing it on one knee with the pack straps facing you. Slip your nearest arm through the appropriate strap and smoothly swing the frame behind you, reaching down and back to slip your free arm through the second strap. Foam pads on the shoulder straps are a must. Otherwise, your straps will rub sore places on your shoulders and perhaps cut off circulation to your arms.

A hip strap, used to fasten the lower part of your pack to your abdomen and thus position the pack weight directly over your hips and legs to reduce the strain on your shoulders, is strongly recommended.

Backpacking

If you pack properly, backpacking will be much easier. Practice hikes also help. Your pace is the key to good backpacking. It should be slow enough to allow everyone to keep up without bunching up. Single file is the rule. A steady, constant pace is best. When climbing steep grades, your pace should be slower, but still constant.

Rest stops should be short and frequent. Sixty second rests will let you catch your breath. Learn to rest without removing your pack; if you bend over and loosen your hip strap, you can remove the weight from your shoulders. Deep breathing works best for high altitude backpacking on Philmont.

Pitching and Striking Camp

Every member of your crew should know how to pitch, strike and fold a backpacking tent. Philmont issues the BSA Adventurer IV backpack tent. Practice this in pairs as you will do at Philmont. Once you have mastered pitching tents on level ground try pitching them on a slope. Some campsites at Philmont are sloping.

Building a Good Cooking Fire

To build a good cooking fire you need wood, but not just any wood. Philmont has nine principal kinds of trees: aspen, cottonwood, maple, juniper, pine, spruce, fir, pinon and scrub

