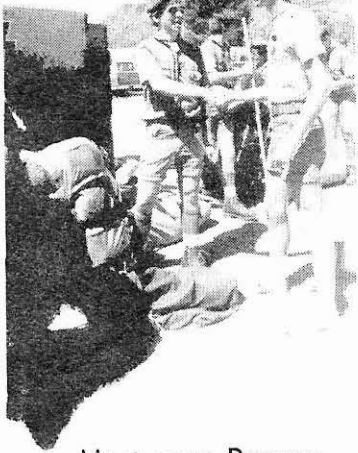


**Philmont
Expedition
Adventure
Key to
Superactivities**

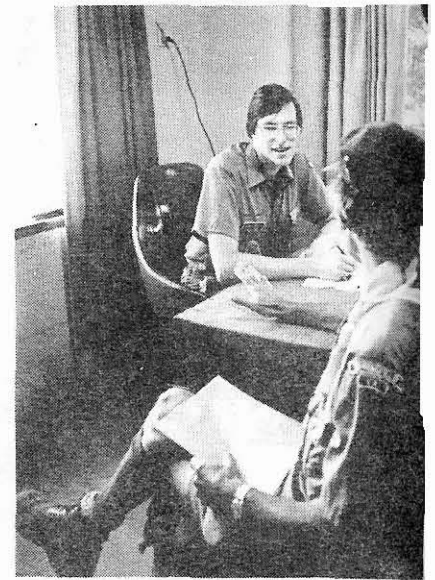
**1979 Leaders Guidebook
and
Philmont Adventure Itineraries**



Meet your Ranger
at Welcome Center



Medical Re-check at Health Lodge



Registration



Trip Planning
at Logistics



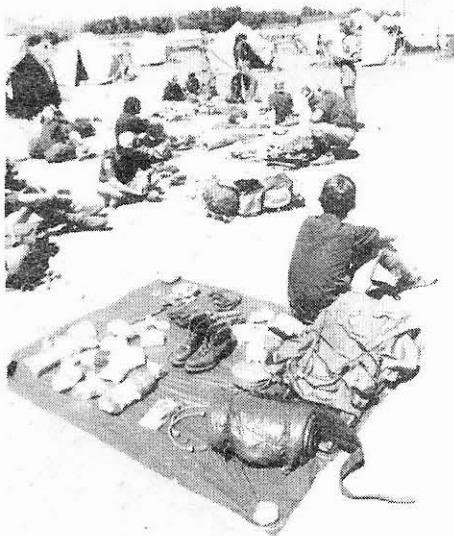
Dining Hall



Crew Photograph



Trail Equipment Checkout



Ranger Shakedown

OTHER STOPS ON DAY ONE

- News and Information Service
- Advisor's Meeting
- Opening Campfire
- Trading Post



Trail Food Issue

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LEADER'S GUIDEBOOK

CONGRATULATIONS

For having accepted leadership of a Philmont expedition. This reflects great credit upon you and your leadership ability. You also have assumed a great responsibility. Parents are entrusting their sons and/or daughters to your care. The Boy Scouts of America is placing its faith and confidence in your leadership. Most important, the young people in your crew are depending on you to realize their hopes, aspirations and dreams of Philmont.

YOUR RESPONSIBILITIES ARE TO

- (1) Complete recruiting Scouts and Explorers who will be at least age 14 by September 1, and who are prepared for a Philmont High Adventure experience.
- (2) Organize your expedition; and
- (3) Train the members of your crews so they will be prepared for a High Adventure experience at Philmont.

CAMPER - LEADER REQUIREMENTS

To assist you in planning for your Philmont expedition, here are the key requirements for camper and leader participation at Philmont. Exceptions to these requirements cannot be made. In keeping with the policies of the Boy Scouts of America, requirements for acceptance and participation at Philmont are without regard to race, color or national origin. There are three ways Scouts or Explorers may participate in a Philmont expedition:

- (1) As members of a chartered unit
 - a Scout Troop with male leadership (age 21 or over), or
 - an Explorer Post (may be coed - see specific requirements below), or
- (2) As members of a council or district contingent (male only) with approved all male leaders, or
- (3) As individuals in the Philmont Adventurers (all male provisional group with male leadership provided by Philmont).

COED CREW REQUIREMENTS

Coed crews attending Philmont must be chartered Explorer Posts. The policies of the Boy Scouts of America relating to coed camping are as follows:

- (1) Adult coed leadership (both at least age 21).
- (2) Each crew member must have written parental permission. (Each leader should keep these signed notes in his/her possession while at Philmont.)

AGE REQUIREMENTS

Every crew must have adult leadership (age 21 or over). One adult leader for each eleven campers is considered the minimum camper/leader ratio.

Philmont expedition participants must be at least age 14 by September 1.

To avoid disappointment . . . age requirements for Philmont participation cannot be relaxed. Please do not request or expect exceptions!

PHYSICAL REQUIREMENTS

EVERY camper at Philmont must be physically strong. Everyone must be capable of carrying a pack, weighing 25-35 pounds, over rugged mountain trails at high elevations.

Individuals who are excessively overweight, who have physical disabilities that prevent them from backpacking over rough terrain, or who have heart conditions or high blood pressure, should NOT even consider coming to Philmont. See the "Criteria for No Acceptance" on the health form #4431. Persons who cannot meet these requirements will be refused the opportunity to go on the trail.

ORGANIZE YOUR CREW

Philmont is a natural superactivity for older Scouts (Leadership Corps) and Explorers of chartered units. Crews accompanied by their unit leader(s) usually derive great enjoyment from their Philmont adventure.

A well qualified Scout or Explorer should be selected "crew leader". The crew leader is a key factor of a successful Philmont expedition. This book should be shared with all crew members.

CREW SIZE - 12 MAXIMUM - 4 MINIMUM

Experience has proven that the best numerical size for a Philmont crew is 12 or fewer persons, including adult leaders. The itineraries included have been developed for this number. Crews are limited to this size at all High Adventure Bases of the Boy Scouts of America, as well as in most National Parks and National Forests. You will find hiking easier, food distribution best, program opportunities greater, and campsites that comfortably accommodate a maximum of 12 persons.

For example, a contingent of 120 campers and leaders should be divided into ten or more crews with each crew selecting its own itinerary choices. Four persons (one adult and three campers) is the minimum size for a crew. Two adult leaders per crew is best since this insures continuity of leadership should one have to leave the trail. It is recommended that council contingents and other large groups divide their groups according to hiking and camping abilities insofar as possible. Then each crew can choose an itinerary that corresponds to its ability and travel at its own pace.

PREPARING FOR HIGH ADVENTURE

A Philmont expedition is a superactivity requiring careful planning and preparation. Numerous matters need your attention before departing for Philmont. The key ones are listed below. As an expedition leader you may find it helpful to review this list with your council staff coordinator.

ITINERARY SELECTION AND RESERVATION

Before May 1 you should submit your crew's itinerary choices to Philmont on the postcard inside the front cover of this book. Procedures for selecting and reserving your itinerary are outlined in the itinerary section of this book.

HEALTH AND MEDICAL RECORD

Every camper and leader is required to have a medical inspection by his family doctor. The Health and Medical Record, No. 4431, must be used. Each person is also required to have a tetanus shot or booster within five years. If these services must be performed at Philmont, you will be charged accordingly.

TRAINING FOR PHILMONT

The "Guidebook to Adventure" describes the training you need for your Philmont expedition. The success of your expedition depends upon the thoroughness of your training. If your group is provisional, training is especially important for you to get to know each other and to develop good teamwork. An established training program is heartily recommended.

The best way to prepare for a rugged backpacking adventure is to do a lot of backpacking before you come to Philmont. Be sure to select a hilly area for your training. Start with just a five-mile (8 kilometer) hike carrying a 25-30 pound pack. Then increase your mileage to 10, 15 and 20 mile (16, 24 and 32 Kilometer) hikes. Be sure to hike often enough in the boots you will be wearing at Philmont in order to toughen your feet so they will be less susceptible to blisters.

BACKPACKING STOVES

Philmont encourages the use of backpacking stoves. Kerosene stoves and kerosene are issued to crews at Harlan and Clark's Fork where firewood is scarce. Backpacking stoves may be helpful to you throughout your trek, particularly on cool mornings when you need to start cooking and hiking early to avoid stifling afternoon temperatures.

If you wish to use stoves throughout your trek, plan to bring your own or purchase Gerry cartridge stoves at Philmont. Stoves fueled with kerosene are particularly recommended since kerosene is much less flammable than gasoline and thus safer. Since there is no fuel cartridge to discard, they are more ecologically acceptable as well. It is recommended that crews acquire backpacking stoves on a ratio of one stove per four campers. The proper use of stoves should be a part of your pre-Philmont training.

Philmont strongly recommends that crews transport their stoves without fuel and purchase fuel (white gas, Gerry cartridges and kerosene) at Philmont Trading Posts located at Base Camp, Phillips Junction, Ute Gulch, Baldy Town and Ponil.

Philmont recommends that all fuel containers be spun aluminum bottles. Also, crews are urged to have a small funnel to avoid dangerous spillage.

