Philmont Expedition dventure upéractivities

1980 Leaders Guidebook

and

Philmont Adventure Itineraries



Meet your Ranger at Welcome Center



Medical Re-check at Health Lodge



Trip Planning at Logistics



Trail Equipment Checkout





Dining Hall

Ranger Shakedown

OTHER STOPS ON DAY ONE

- -News and Information Service
- -Advisor's Meeting
- -Opening Campfire
- -Trading Post



Registration



Crew Photograph



Trail Food Issue

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LEADER'S GUIDEBOOK

CONGRATULATIONS

For having accepted leadership of a Philmont expedition. This reflects great credit upon you and your leadership ability. You also have assumed a great responsibility. Parents are entrusting their sons and/or daughters to your care. The Boy Scouts of America is placing its faith and confidence in your leadership. Most important, the young people in your crew are depending on you to realize their hopes, aspirations and dreams of Philmont.

YOUR RESPONSIBILITIES ARE TO

- (1) Complete recruiting Scouts and Explorers who will be at least age 14 by September 1, and who are prepared for a Philmont High Adventure experience.
- (2) Organize your expedition; and
- (3) Train the members of your crews so they will be prepared for a High Adventure experience at Philmont.

CAMPER - LEADER REQUIREMENTS

To assist you in planning for your Philmont expedition, here are the key requirements for camper and leader participation at Philmont. Exceptions to these requirements cannot be made. In keeping with the policies of the Boy Scouts of America, requirements for acceptance and participation at Philmont are without regard to race, color or national origin. There are three ways Scouts or Explorers may participate in a Philmont expedition:

- (1) As members of a chartered unit
 - a Scout Troop with male leadership (age 21 or over), or
 - an Explorer Post (may be coed see specific requirements below), or
- (2) As members of a council or district contingent (male only) with approved all male leaders, or
- (3) As individuals in the Philmont Adventurers (all male provisional group with male leadership provided by Philmont).

COED CREW REQUIREMENTS

Coed crews attending Philmont must be chartered Explorer Posts. The policies of the Boy Scouts of America relating to coed camping are as follows:

- (1) Adult coed leadership (both at least age 21).
- (2) Each crew member must have written parental permission. (Each leader should keep these signed notes in his/her possession while at Philmont.)

AGE REQUIREMENTS

Every crew must have adult leadership (age 21 or over). One adult leader for each eleven campers is considered the minimum camper/leader ratio.

Philmont expedition participants must be at least age 14 by September 1.

To avoid disappointment . . age requirements for Philmont participation cannot be relaxed. Please do not request or expect exceptions!

PHYSICAL REQUIREMENTS

EVERY camper at Philmont must be physically strong. Everyone must be capable of carrying a pack, weighing 25-35 pounds, over rugged mountain trails at high elevations.

Individuals who are excessively overweight, who have physical disabilities that prevent them from backpacking over rough terrain, or who have heart conditions or high blood pressure, should NOT even consider coming to Philmont. See the "Criteria for No Acceptance" on the health form #4431. Persons who cannot meet these requirements will be refused the opportunity to go on the trail.

ORGANIZE YOUR CREW

Philmont is a natural superactivity for older Scouts (Leadership Corps) and Explorers of chartered units. Crews accompained by their unit leader(s) usually derive great enjoyment from their Philmont adventure.

A well qualified Scout or Explorer should be selected "crew leader". The crew leader is a key factor of a successful Philmont expedition. This book should be shared with all crew members.

CREW SIZE - 12 MAXIMUM - 4 MINIMUM

Experience has proven that the best numerical size for a Philmont crew is 12 or fewer persons, including adult leaders. The itineraries included have been developed for this number. Crews are limited to this size at all High Adventure Bases of the Boy Scouts of America, as well as in most National Parks and National Forests. You will find hiking easier, food distribution best, program opportunities greater, and campsites that comfortably accommodate a maximum of 12 persons.

For example, a contingent of 120 campers and leaders should be divided into ten or more crews with each crew selecting its own itinerary choices. Four persons (one adult and three campers) is the minimum size for a crew. Two adult leaders per crew is best since this insures continuity of leadership should one have to leave the trail. It is recommended that council contingents and other large groups divide their groups according to hiking and camping abilities insofar as possible. Then each crew can choose an itinerary that corresponds to its ability and travel at its own pace.

PREPARING FOR HIGH ADVENTURE

A Philmont expedition is a superactivity requiring careful planning and preparation. Numerous matters need your attention before departing for Philmont. The key ones are listed below. As an expedition leader you may find it helpful to review this list with your council staff coordinator.

ITINERARY SELECTION AND RESERVATION

Before May I you should submit your crew's itinerary choices to Philmont on the postcard inside the front cover of this book. Procedures for selecting and reserving your itinerary are outlined in the itinerary section of this book.

HEALTH AND MEDICAL RECORD

Every camper and leader is required to have a medical inspection by his family doctor. The Health and Medical Record, No. 4431, must be used. Each person is also required to have a tetanus shot or booster within ten years. If these services must be performed at Philmont, you will be charged accordingly.

TRAINING FOR PHILMONT

The "Guidebook to Adventure" describes the training you need for your Philmont expedition. The success of your expedition depends upon the thoroughness of your training. If your group is provisional, training is especially important for you to get to know each other and to develop good teamwork. An established training program is heartily recommended.

The best way to prepare for a rugged backpacking adventure is to do a lot of backpacking before you come to Philmont. Be sure to select a hilly area for your training. Start with just a five-mile (8 kilometer) hike carrying a 25-30 pound pack. Then increase your mileage to 10, 15 and 20 mile (16, 24 and 32 Kilometer) hikes. Be sure to hike often enough in the boots you will be wearing at Philmont in order to toughen your feet so they will be less susceptible to blisters.

BACKPACKING STOVES

Philmont encourages the use of backpacking stoves. Kerosene stoves and kerosene are available to crews at Harlan, Cimarroncito, and Clark's Fork where firewood is scarce. Backpacking stoves may be helpful to you throughout your trek, particularly on cool mornings when you want to start cooking and hiking early to avoid stifling afternoon temperatures.

If you wish to use stoves throughout your trek, plan to bring your own or purchase a Hank Roberts Mini Stove or Coleman Peak I at Philmont. It is recommended that crews acquire backpacking stoves on a ratio of one stove per four campers. The proper use of stoves should be a part of your pre-Philmont training.

Philmont strongly recommends that crews transport their stoves without fuel and purchase fuel (white gas, butane cartridges and kerosene) at Philmont Trading Posts located at Base Camp, Phillips Junction, Ute Gulch, Baldy Camp and Ponil.

Philmont recommends that all liquid fuel containers be spun aluminum bottles. Also, crews are urged to have a small funnel to avoid dangerous spillage.

Backpacking stoves are used with adult supervision and never in or near tents.

Be sure to indicate on the Itinerary Reservation Postcard whether your crew will have backpacking stoves and type of fuel required. Philmont requests this information to insure adequate fuel on hand when you arrive.

FEE PAYMENTS

Remember that all of your group's expedition fees are to be paid in full by June 1. The payment schedule is as follows:

*Reservation Fees \$ 10.00 Due with Reservation
Advance Fees 56.00 Due March 1
Balance Fees 56.00 Due June 1
\$122.00 Per Camper

*Reservation fees are non-refundable nor are they transferable to balance of fees in event of cancellations.

CAMPER INSURANCE COVERAGE

All campers and leaders are covered by a limited Accident and Sickness Insurance plan through Mutual of Omaha.

When surgical or hospital expenses submitted in connection with a covered claim exceed \$100.00, Mutual of Omaha will pay \$100.00 and request additional information from the claimant to determine if the claimant has other insurance (family or personal) to cover these expenses. If the hospital or surgical expenses are reimbursable by other insurance, only \$100.00 will be paid by Mutual of Omaha. If the claims are not covered by other insurance, further payments (over the \$100.00) will be made by Mutual of Omaha up to the maximum amount of \$2500.00. If the claims are partially covered by other insurance, Mutual of Omaha will pay the difference between the amount paid by the other insurance and the amount of the claim up to the maximum amount of \$2500.00 within 52 weeks. This provision does not affect payments up to \$100.00 regardless of the availability of other insurance and it only applies to the hospital or surgical expenses, not "other medical expenses".

All expedition advisors are urged to inform parents of the above information. Also, determine if each family has coverage and the name of the company prior to departure for Philmont.

TRIP PLANNER/POSTMASTER CARDS

Information on these cards is vital to Philmont's Logistics Services in case of an emergency, and to the Postmaster for sorting your mail. Please clearly print or type both sections of the card and indicate your complete expedition number. There should be a completed card for each crew member and adult advisor. Please do not separate the cards.

TOUR PERMIT

A tour permit application, Form No. 4419, is also included in your leader's kit. Complete this form and follow the instructions for transmitting it for approval. When approved, you will receive a National Tour Permit, Form No. 1341. Carry this form with you throughout your trip. It is required by the Philmont Camping Registrar when you arrive.

Refer to <u>Campways-BSA Tours</u> and <u>Expeditions</u> for helpful information on trip planning, places to stay, points of interest en route, prices, etc. These brochures are available through your local Scout Service Center.

TRANSPORTATION

Many contingents travel to Philmont by bus, train, or airplane. Here is the pertinent information on travel:

BUS ---- Chartered buses come directly to Philmont, five miles south of Cimarron, New Mexico.

TRAIN ---- AMTRAK (Santa Fe): Raton, New Mexico is the nearest station, 45 miles northeast of Philmont. A Philmont bus may be scheduled to pick up your group in Raton and return for \$8.00* per person. Because of commercial scheduling, it will be necessary for you to eat in Raton prior to arriving at Philmont.

AMTRAK (Burlington-Northern): Groups traveling from the east by train will be taken to Denver. You must arrange bus transportation from Denver to Philmont and return.

AIRPLANE - Commercial flights to Denver (270 miles from Philmont), Albuquerque (200 miles from Philmont), Colorado Springs (200 miles from Philmont), and Pueblo (150 miles from Philmont), can be arranged. Supplemental chartered jet services offering package plans with reduced group rates are also available. The airlines will arrange for chartered buses to and from Denver when requested. Although one large passenger bus, owned and operated by Philmont's bus contractor, is available for transportation from the above cities, a confirmed chartered bus to Philmont is best to assure your transportation. To arrange scheduling of Philmont's one 38 passenger bus, contact Philmont after June 1.

NOTE: Please indicate your transportation needs on the enclosed Arrival Plans Card.

ARRIVAL TIME AT PHILMONT

The ideal time to arrive at Philmont is prior to lunch. This enables your crew to be processed through Camping Headquarters and depart for the trail the next morning. Evening and night arrivals are strongly discouraged. Be sure to allow plenty of time for highway travel, adhering to current speed regulations.

Please arrange your transportation to arrive on your scheduled arrival day. Philmont does not have accommodations to host groups for extra days.

Your arrival time will determine your first meal at Philmont. Meals are served at the following times:

Regular Breakfast 6:30 - 7:30 a.m. Lunch 12:00 - 1:00 p.m. Supper 5:30 - 6:30 p.m.

A continental breakfast is available at 5:45 a.m. for groups departing Philmont. This must be arranged at the Registration Office upon arrival at Philmont.

Groups that cannot meet this schedule should plan to eat en route. If you arrive in Raton after 10:30 a.m., plan to eat lunch there. If you cannot arrive at Philmont by the time indicated on your Arrival Plans Card, please notify Philmont. Call 505-376-2281 and ask for the dispatcher.

^{*} Subject to change

Please note that regular Philmont expeditions last 12 full days - you arrive on day one (1) and depart on day thirteen (13). The Philmont fee covers 36 meals and 12 nights lodging - starting with lunch on day 1 and ending with breakfast on day 13. Prorating for missed meals is not available. In the event that it is necessary for your group to layover at Philmont, you will be charged \$3.00 per person per meal and \$1.00 per person per overnight.

MAIL ARRIVAL PLANS & CREW INFORMATION

The postcard inside the front cover is for indicating your arrival plans at Philmont. You are requested to fill out and send this card to Philmont at least three weeks before your departure. Philmont Camping Headquarters food service manager and others need to know when to expect you, and it is very important to know how many crews there are in your group. If any of the information changes after you mail the postcard, please notify Philmont.

TOUR DIRECTOR PLAN

For each multiple of 30 or more campers, councils are urged to avail themselves of the opportunity to supplement the adult leadership and relieve advisors of fiscal details by including a fourth adult as Tour Director within the following guidelines:

- (1) He is a Scouter who has the responsibility for the safe transportation of the contingent to and from Philmont. He is the liaison between his contingent and Philmont and should communicate with Philmont about the number of crews and arrival time.
- (2) He handles all fiscal arrangements en route and at Philmont. Examples are: bus schedules, overnight stops, lodging and meals, tours, final settlement with Philmont Registrar, communications with council.
- (3) Preferably he should be physcially fit, capable of and willing to assume leadership of a crew on the trail in the event the advisor becomes incapacitated.

 $\overline{\text{NOTE}}$: Ideally, when the contingent hits the trail, the Tour Director accompanies one of the crews as an additional advisor. He is most effective in support and success of the expedition when he supplements the leadership in this manner.

It is recognized that "laying over" at Camping Headquarters may be necessary. In that event, program opportunities and vehicular travel to the "backcountry" are very limited. Tour Directors are sometimes asked to perform a service in the headquarters area. Opportunities for such services are defined to Tour Directors at the Leaders Orientation Meeting conducted in the early evening of the contingent's arrival.

- (4) Facilities are provided at Camping Headquarters for advisors who become incapacitated or otherwise cannot make the trail. These are limited, however, (no facilities are provided for wives or families) and opportunities for vehicular travel to visit camps are remote.
- (5) There is no fee charged for Tour Directors of contingents totaling 30 or more paying campers.
- (6) Tour Directors are top council Philmont promoters. Every effort will be made to acquaint them with Philmont operations during their stay.

BUS DRIVER ACCOMMODATIONS

Bus drivers may wish to:

- (1) Stay in Cimarron at the Cimarron Motel Trailer and Camper Park, Don Diego Hotel-Motel, or the Kit Carson Motel. Prior reservations are recommended.
- (2) Go with you on your expedition. In this case, your driver will need to have a medical examination, meet all physical requirements, and all adult requirements.

FAMILY ACCOMMODATIONS

Philmont does not have facilities to accommodate family members of leaders who are participating in the camping program. Several motels and two trailer parks in Cimarron are available for those interested. Prior reservations are recommended.

TRAVEL ETIQUETTE

Here are a few "rules of the road" for you and your crew to remember as you travel to and from Philmont:

- Wear your Scout or Explorer uniform proudly! You are members of the Boy Scouts of America, the greatest youth organization in the world. A Scout or Explorer properly uniformed, sharp appearing, courteous and well mannered, is the best medium for public relations.
- Use the buddy system no one person ever leaves the group alone.
- Telephone ahead to your next night's stopover and special eating places to make certain they are expecting you.
- Don't smoke in public. Smoke may be offensive to those around you.
- Express appreciation to those who extend courtesies to you along the way.

EXPEDITION NUMBER

Your expedition number is assigned by Philmont. It is determined by your expected arrival date. If your contingent is to arrive July 14, your expedition number will begin 714 which signifies 7th month and the 14th day. Since many contingents arrive each day, a letter distinguishes different contingents (for example, 714-A or B, C, etc.). If your contingent consists of several crews, numbers are used to designate each one. Thus, your crew's complete expedition number may be 714-A-2.

PHILMONT ADDRESS AND MAIL

Your complete expedition number is essential for mail delivery at Philmont. Incoming mail may be picked up only by the expedition advisor at the Philmont Post Office when your crew arrives and when you return to Camping Headquarters from the trail. You may send mail from any staffed camp.

PHILMONT ADDRESS:

Your Name

Expedition Number

Philmont

Cimarron, New Mexico 87714

EMERGENCY TELEPHONE NUMBER AT PHILMONT

Telephone calls to you should be restricted to extreme emergencies only. Since Philmont comprises 215 square miles of rugged mountain wilderness, it can require several hours to transport you from some camps to return an emergency phone call. In those cases, it will speed contact when the caller has your full name and expedition number.

24 HOUR EMERGENCY NUMBER

505 - 376 - 2281