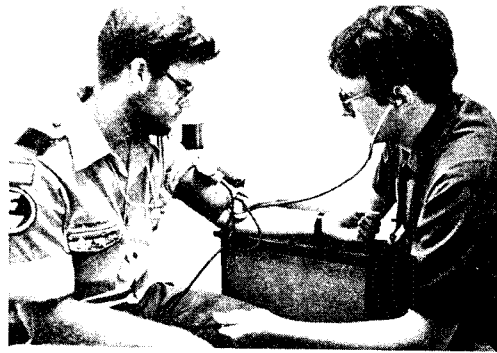


**Philmont
Expedition
Adventure
Key to
Superactivities**

**1988 Advisors Guidebook
and
Philmont Itineraries**



Meet your Ranger
at Welcome Center



Medical Re-check at Health Lodge



Registration



Dining Hall



Trip Planning
at Logistics



Crew Photograph



Ranger Shakedown



Trail Equipment Checkout

OTHER STOPS ON DAY ONE

- News and Information Service
- Advisor's Meeting
- Opening Campfire
- Trading Post



Trail Food Issue

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ADVISOR'S GUIDE BOOK

CONGRATULATIONS

For having accepted leadership of a Philmont expedition. This reflects great credit upon you and your leadership ability. You also have assumed a great responsibility. Parents are entrusting their youth to your care. The Boy Scouts of America is placing its faith and confidence in your leadership. Most important, the young people in your crew are depending on you to realize their hopes, aspirations and dreams of Philmont. Philmont is as much a mental as a physical challenge and you can set the pattern for success.

YOUR RESPONSIBILITIES ARE TO

- (1) Complete recruiting Scouts and Explorers who were at least age 13 by last January 1, and who are prepared for a Philmont high adventure experience.
- (2) Organize your expedition.
- (3) Train the members of your crew so they will be prepared for a high adventure experience at Philmont.

CAMPER - ADVISOR REQUIREMENTS

To assist you in planning for your Philmont expedition. Exceptions to these requirements cannot be made. In keeping with the policies of the Boy Scouts of America, rules for participation are the same for everyone without regard to race, color, national origin, age, sex or handicap. The majority of members in every crew must be youth. There are three ways Scouts or Explorers may participate in a Philmont expedition.

- (1) As members of a chartered unit
 - a Scout Troop with male leadership (age 21 or over),
 - an Explorer Post (may be coed, but if so, must have male and female adult advisors - preferably a husband-wife team - both age 21 or over),
- (2) As members of a council or district contingent with proper leadership,
- (3) As individuals in the Philmont Mountain Men/Women, Rayado Men/Women or Trail Crew programs.

The Boy Scouts of America requires that at least two adult advisors be with each crew of 5 to 12 total people. One advisor must be 21 years of age or older; the other must be at least 18 years of age by the time the crew leaves home. Coed crews are an exception - see above.

Three ways to meet the two-deep adult leadership requirement:

- (1) Recruit additional leadership
- (2) Organize larger crews of up to 12 people, including adult advisors, to reduce the number of advisors needed.
- (3) Two crews with one adult advisor each may submit identical itinerary choices (see page 11). These crews are expected to hike independently, but must stay in adjacent campsites each night.

BSA POLICY ON FEMALES IN CAMP AND TROOP LEADERSHIP

Only a Scoutmaster or Assistant Scoutmaster may accompany a troop to Boy Scout camp. Troop committee members, whether male or female, are not commissioned to serve as leaders of a troop. Substitutes for the Scoutmaster or Assistant

Scoutmaster must be male. An adult female may only accompany an Explorer crew.

NO EXCEPTIONS WILL BE MADE TO THIS NATIONAL POLICY OF THE BOY SCOUTS OF AMERICA.

AGE REQUIREMENTS

PHILMONT EXPEDITION PARTICIPANTS MUST BE AT LEAST AGE 13 BY JANUARY 1 OF THE PARTICIPATION YEAR.

To avoid disappointment . . . age requirements for Philmont participation cannot be relaxed. Please do not request or expect exceptions!

PHYSICAL REQUIREMENTS

EVERY camper at Philmont must be physically strong and capable of carrying a pack, weighing 35-50 pounds, over rugged mountain trails at high elevations.

Individuals who are excessively overweight, who have physical disabilities that prevent them from backpacking over rough terrain, or who have heart conditions or high blood pressure, should NOT attempt backpacking at the elevations of Philmont. See the Philmont Health and Medical Record form. Staff physicians at Philmont reserve the right to deny access to the trails to any adult or camper on the basis of a physical examination at Philmont.

ORGANIZE YOUR CREW

A well qualified Scout or Explorer should be selected as crew leader before training begins. The crew leader is a key person for a successful Philmont expedition and the advisor must work closely with this person. The crew leader provides leadership for:

- * making itinerary selections based upon the desires of the crew
- * choosing routes during the trek based upon the capability of the crew
- * setting up and breaking camp
- * establishing a duty roster
- * seeing that "smellables" are properly stored
- * making sure that the Philmont Wilderness Pledge is upheld and that every campsite and fire pit is left clean
- * ensuring that every member of the crew has an enjoyable trek

If a crew member has earned a religious award in Scouting, consider asking him to serve as Chaplain's Aid. A kit of worship resources will be provided for use along the trail.

CREW SIZE - 12 MAXIMUM - 5 MINIMUM

Experience has proven that the best numerical size for a Philmont crew is 12 or fewer persons, including adult advisors. The itineraries included have been developed for this number. You will find hiking easier, food distribution best, program opportunities greater, and campsites that comfortably accommodate a maximum of 12 persons. Five persons (two adults and three campers) is the minimum size for a crew.

Council contingents and other large groups should organize their crews according to hiking and camping abilities. Each crew can then choose an itinerary that corresponds to its ability and travel at its own pace.

P R E P A R I N G F O R H I G H A D V E N T U R E

A Philmont expedition is a superactivity requiring careful planning and preparation. Numerous matters need your attention before departing for Philmont. The key ones are listed below.

ITINERARY SELECTION AND RESERVATION

Before May 1 you should submit your crew's itinerary choices to Philmont on the postcard inside the front cover of this book. Procedures for selecting and reserving your itinerary are outlined in the itinerary section of this book.

HEALTH AND MEDICAL RECORD

Every camper and advisor is required to have a medical evaluation within the past 12 months by his family doctor. The Philmont Scout Ranch Health and Medical Record or the BSA Health and Medical Record Form-Class 3 should be used. Each person is also required to have a tetanus shot or booster within ten years. If these services must be performed at Philmont, you will be charged accordingly.

TRAINING FOR PHILMONT

The "Guidebook to Adventure" describes helpful training for your Philmont expedition (page 9). The success of your expedition depends upon the thoroughness of your training and the teamwork developed by your crew. An established training program is heartily recommended.

The best way to prepare for a rugged backpacking adventure is to do a lot of backpacking before coming to Philmont. Select a hilly area for your training. Start with a short hike and a light pack. Increase the mileage and pack weight as your training progresses. It is important to hike often enough while carrying a pack and wearing the boots which you will use at Philmont to toughen your feet and to be sure the boots are well broken-in.

Become proficient with map and compass. The Philmont map has printed grid lines to help you identify a location in the event of an emergency.

BACKPACKING STOVES

Philmont encourages the use of backpacking stoves. They may be helpful to you throughout your trek, but particularly on wet mornings when you want to start cooking and hiking early to avoid high afternoon temperatures.

If you wish to use stoves, plan to bring your own or purchase a Coleman Peak I at Philmont. It is recommended that crews acquire backpacking stoves on a ratio of one stove per four campers. The proper use of stoves should be a part of your pre-Philmont training (see Philmont "Guidebook to Adventure", page 12).

Philmont strongly recommends that crews transport their stoves without fuel and purchase fuel (white gas or Hank Roberts butane cartridges) at Philmont Trading Posts located at Camping Headquarters, Phillips Junction, Ute Gulch, Baldy Camp and Ponil.

Philmont also recommends that all liquid fuel containers be spun aluminum bottles. A small funnel is important to avoid dangerous spillage.

Backpacking stoves are used with adult supervision and never in or near tents.

FEE PAYMENTS

All of your crew's expedition fees are to be paid in full prior to your arrival at Philmont. The payment schedule for each camper is as follows:

Reservation Fees	\$ 15.00	Due with Reservation
Advance Fees	95.00	Due February/March
Balance of Fees	<u>95.00</u>	Due May/June
	\$ 205.00	Per Camper

Fees are not refundable nor transferable toward the balance of fees due in the event of cancellations.

ACCIDENT AND SICKNESS INSURANCE

Campers and advisors are covered while at Philmont, and while traveling to and from, by a plan through Mutual of Omaha Insurance Company.

For each sickness or injury, benefits in the aggregate of up to \$4,000.00 are payable for medical or surgical treatment, prescription drugs or for hospitalization or the exclusive services of a private duty nurse (RN or LPN). Benefits will be paid for expenses incurred (subject to the Nonduplication Provision explained below) up to the usual, reasonable charges normally made within the geographic area where treatment is performed.

Nonduplication Provision - When surgical treatment or hospital care is involved, benefits in excess of the first \$100.00 will be payable only for the expenses shown in the Mutual of Omaha Campers' Accident and Sickness Insurance booklet which are not receivable under any other insurance policy or service contract. If no other collectible insurance is available this excess provision will not apply.

Advisors are urged to inform parents of the information in the Mutual of Omaha Campers' Accident and Sickness Insurance booklet. Also, remind parents to include the company name and policy number of their family insurance policy on the camper medical form.

TRIP PLANNER/POSTMASTER CARDS

Information on these cards is vital to Philmont's Logistics Services in case of an emergency, and to the Postmaster for sorting your mail. Please clearly print or type both sections of the card and indicate your complete expedition number. There should be completed cards for each crew member and adult advisor. Please do not separate the cards.

TOUR PERMIT

A tour permit application, Form No. 4419A, is included in your Advisor's kit. Complete this form and follow the instructions for transmitting it for approval. When approved, carry the certificate with you throughout your trip. It is required by the Philmont Camping Registrar when you arrive.

Refer to Tours and Expeditions, No. 3734, for helpful information on trip planning. It is available through your local Scout Service Center.

TRANSPORTATION

Many contingents travel to Philmont by bus, train, or airplane. Some pertinent information on travel:

BUS ----- Raton, New Mexico is the nearest depot, 45 miles northeast of Philmont. Texas, New Mexico and Oklahoma (TNM & O) coaches make a daily bus trip from Denver and Albuquerque to Cimarron, NM. This service may be contacted at P. O. Box 1800, Lubbock, TX 79408 (phone: 806-765-6644). Chartered buses come directly to Philmont, five miles south of Cimarron.

TRAIN --- **AMTRAK** (Santa Fe R.R.): Raton, New Mexico is the nearest station.

AMTRAK (Burlington-Northern R.R.): Denver, Colorado is the nearest station. You must arrange charter bus transportation from Denver to Philmont or commercial bus from Denver to Raton.

AIRLINE - Commercial flights to Denver (260 miles from Philmont), Albuquerque (200 miles from Philmont), Colorado Springs (200 miles from Philmont), and Pueblo (150 miles from Philmont), can be arranged. Supplemental chartered jet services offering package plans with reduced group rates may also be available. The airlines will arrange for chartered buses to and from Denver when requested. Some bus services from Denver to Philmont include: Chaffee Transit, Inc. (800-426-2466); Long's Transportation Service (303-456-2300); Rocky Mountain Coach Lines (303-293-2871).

PHILMONT BUS SERVICE - Philmont provides round trip bus transportation from and to the bus and train stations in Raton at a cost of \$15.00* per person and to Cimarron at a cost of \$5.00* per person. This is scheduled upon receipt of the Arrival Plans card. Because of commercial schedules, it may be necessary for you to eat in Raton prior to arriving at Philmont (see meal times listed below). If you arrive in Raton after 10:30 a.m., plan to eat lunch there.

ARRIVAL TIME AT PHILMONT

The ideal time to arrive at Philmont is prior to lunch. This enables your crew to be processed through Camping Headquarters and depart for the trail the next day. Evening and night arrivals are discouraged. Allow plenty of time for highway travel, adhering to current speed regulations.

Please arrange your transportation to arrive on your scheduled arrival day. Philmont does not have accommodations to host groups for extra days.

Your arrival time will determine your first meal at Philmont. Meals are served at the following times:

Regular Breakfast	6:30 - 7:30 a.m.
Lunch	12:00 - 1:00 p.m.
Supper	5:30 - 6:30 p.m.

A continental breakfast is available at 5:45 a.m. for groups departing Philmont. This must be arranged at the Registration Office upon arrival at Philmont.

Groups that cannot meet this schedule should plan to eat en route. If you will not arrive at Philmont by the time indicated on your Arrival Plans card, please notify Philmont. Call 505-376-2281 and ask for the Transportation Manager.

* Subject to change

Please note that regular Philmont expeditions last 12 full days - you arrive on day one (1) and depart on day thirteen (13). The Philmont fee covers 36 meals and 12 nights lodging - starting with lunch on day 1 and ending with breakfast on day 13. Prorating for missed meals is not available. If it is necessary for your group to layover at Philmont, the fee will be \$3.00 per person per meal and \$1.00 per person per overnight.

MAIL ARRIVAL PLANS & CREW INFORMATION

Use the postcard inside the front cover to indicate your arrival plans at Philmont. It should be sent at least three weeks before your departure. Your arrival time at Philmont and the number of crews in your group is important information. If any of the information changes after you mail the postcard, please notify Philmont.

TOUR DIRECTOR PLAN

For each multiple of 30 or more campers, councils are urged to avail themselves of the opportunity to supplement the adult leadership and relieve advisors of fiscal details by including a fourth adult as Tour Director within the following guidelines:

- (1) He is a Scouter who has the responsibility for the safe transportation of the contingent to and from Philmont. He is the liaison between his contingent and Philmont.
- (2) He handles all fiscal arrangements en route and at Philmont. Examples are: bus schedules, overnight stops, lodging and meals, tours, final settlement with Philmont registrar, communications with council.
- (3) Preferably he should be physically fit, capable of and willing to assume leadership of a crew on the trail in the event the advisor becomes incapacitated. Ideally, when the contingent hits the trail, the Tour Director accompanies one of the crews as an additional advisor.
- (4) Facilities are provided at Camping Headquarters for Tour Directors or advisors who become incapacitated or otherwise cannot make the trail. These are limited, however, (no facilities are provided for wives or families) and opportunities for vehicular travel to visit camps are very limited.
- (5) Tour Directors are top council Philmont promoters. Every effort will be made to acquaint them with Philmont operations during their stay.

BUS DRIVER ACCOMMODATIONS

Bus drivers may wish to:

- (1) Stay in Cimarron at the Cimarron Motel Trailer and Camper Park, the St. James Hotel-Motel, or the Kit Carson Motel. Prior reservations are recommended.
- (2) Go with you on your expedition. In this case your driver will need to have a medical examination, meet all physical requirements and all adult requirements.

FAMILY ACCOMMODATIONS

Philmont does not have facilities to accommodate family members of leaders who are participating in the camping program. Several motels and trailer parks in Cimarron are available for those interested. Prior reservations are recommended.

TRAVEL ETIQUETTE

A few "rules of the road" for you and your crew to remember as you travel to and from Philmont:

- Wear your Scout or Explorer uniform proudly! You are members of the Boy Scouts of America, a highly regarded youth organization. A Scout or Explorer properly uniformed, sharp appearing, courteous and well mannered, is the best medium for public relations.
- Use the buddy system - no one person ever leaves the group alone.
- Telephone ahead to your next day's stopping places. It is inconsiderate to drop in or cancel without adequate notification.
- Do not use tobacco in public. It may be offensive to those around you.
- Express appreciation to those who extend courtesies to you along the way.

EXPEDITION NUMBER

Your expedition number is assigned by Philmont. It is determined by your expected arrival date. If your contingent is to arrive July 14, your expedition number will begin 714 which signifies 7th month and the 14th day. Since many contingents arrive each day, a letter distinguishes different contingents (for example, 714-A or B, C, etc.). If your contingent consists of several crews, numbers are used to designate each one. Thus, your crew's complete expedition number may be 714-A-2.

PHILMONT ADDRESS AND MAIL

Your complete expedition number is essential for mail delivery at Philmont. Incoming mail may be picked up only by the expedition advisor at the Philmont Post Office when your crew arrives and when you return to Camping Headquarters from the trail. You may send mail from any staffed camp.

PHILMONT ADDRESS: Your Name
 Expedition Number
 Philmont
 Cimarron, NM 87714

EMERGENCY TELEPHONE NUMBER AT PHILMONT

Telephone calls to you should be restricted to extreme emergencies only. Since Philmont comprises 215 square miles of rugged mountain wilderness, it can require several hours to transport you from some camps to return an emergency phone call. In those cases, it will speed contact when the caller has your full name and expedition number.

24 H O U R E M E R G E N C Y N U M B E R 505 - 3 7 6 - 2 2 8 1

PHILMONT MUSEUMS

The Kit Carson Museum and Philmont Museum and Seton Memorial Library may be visited any day. Tours of the Villa Philmonte must be arranged at Logistics Services. No fee is charged at any of these museums. Bus transportation can be arranged to visit the Kit Carson Museum at Rayado; the fee is \$24.00* for a 26 person capacity bus.

* Subject to change

ARRIVING AT PHILMONT

PROCESSING AT CAMPING HEADQUARTERS

A Ranger will be assigned to your crew for the initial processing through Camping Headquarters and will guide you through the steps outlined in your "Guidebook to Adventure". You will save time by carrying all Philmont material with you and by putting your medical forms and Trip Planner/Postmaster cards in alphabetical order by crews.

Plan to attend the leader's orientation meeting at supper time. Chapel Services will be conducted later in the evening (Catholic, Jewish, Mormon, Protestant).

ON THE TRAIL AT PHILMONT

You are responsible for all campers in your crew and for seeing that everyone hikes together as a crew. A Philmont trek is a team effort - everyone working together and encouraging each other. A crew with an enthusiastic spirit can do far more than it ever dreamed possible. Keep your crew's morale high.

FOLLOW YOUR ITINERARY

While traveling on Philmont, follow your itinerary as planned and camp only where scheduled. If a change becomes necessary, it must be approved by the Logistics Services. This enables Philmont to know where to contact you for emergency messages or natural disasters such as flooding, forest fires, or damaging winds. These itineraries are carefully developed to avoid overcrowding which detracts from the wilderness atmosphere that characterizes Philmont.

Crews scheduling a trail lunch for day twelve (last day on the trail) cannot be served lunch in the Headquarters dining hall if they arrive early.

PRESERVING THE PHILMONT WILDERNESS

Philmont is a magnificent wilderness camping area with an immense network of trails and camps tied together by service roads designed for service and protection of both campers and land. In fifty years of operation, more than 500,000 young people have enjoyed the great scenic beauty of Philmont's mountain terrain and experienced the unique and memorable programs of its staffed camps. However, in the past a number of inconsiderate and impolite Scout campers, employing improper camping methods, have marred certain areas of this magnificent land. Consequently, Philmont will ask all campers and their advisors to recommit themselves to good Scout camping and genuine wilderness understanding. Each camper and advisor will be asked to sign the PHILMONT WILDERNESS PLEDGE which declares that he or she will do everything possible to preserve the beauty and wonder of the Philmont wilderness atmosphere and its facilities through good Scout camping. It is expected that Philmont campers will carry this pledge to all camping areas that they might visit throughout America.

The major areas of emphasis involved in the PHILMONT WILDERNESS PLEDGE are:

LITTER - Each camper should make sure that all trails and campsites are left neat and clean. Camping Headquarters should be left in a like manner.

GRAFFITI - Graffiti is a "litter" more offensive than paper. It is unfortunate that some of your camping predecessors have left their "marks" on the walls of Philmont facilities. Not only is graffiti defacing, but it is also degrading and is contrary to all for which the Boy Scouts of America stands. Make sure that neither you nor the members of your crew add to this offensive practice.

WATER - You are in a land where water is scarce and very precious. Conservation and wise use of water has been practiced since the first man entered this land. You must continue this proper use. You should never bathe, do laundry or dishes in or near a spring or stream. Everyone needs water, and you should always leave springs and streams as clean as you found them.

TRAILS - Pledge yourself to respect all trails of Philmont. Do not cut green boughs or trees or mark on them. Do not cut across switchbacks, and do not alter or change trail signs.

CAMPsites - Camp only in sites designated with a numbered wood block sign. Each crew is responsible for leaving a neat and orderly campsite, whether it be in Camping Headquarters, staffed camps, or nonstaffed camps. Your campsite must be left litter-free with its latrine and sump clean. Carry out all trash. Fires must be left DEAD OUT and then cleaned of debris before you depart. Leave a courtesy woodpile when possible. You should respect the feelings of those crews camping near you and those that will come after you.

Low impact camping and hiking is the desire of everyone who enjoys the outdoors. Philmont serves between 12,000 and 15,000 Scouts, Explorers and their advisors each year. Nevertheless, it is not the wear of so many pairs of boots that mars Philmont; it is the carelessness and thoughtlessness of inconsiderate campers. It is our sincere hope that through your commitment to the PHILMONT WILDERNESS PLEDGE, Philmont and all other areas will always remain beautiful, clean, and natural in order to enjoy outdoor adventure. We ask your dedication to the fulfillment of this goal.

CONSERVATION

Most conservation projects at Philmont consist of trail construction or repair. This is vitally important when 15,000 people use the backcountry each year. You will see some badly eroded areas which are the result of poor trail construction or lack of maintenance.

Three hours of conservation work is expected of each camper to earn the Arrowhead Patch. (Ten hours of conservation work is required for the Fifty-Miler Award. The three hours earned at Philmont can be applied - the other seven may be acquired back home.)

Philmont has several Trail Construction Supervisors located strategically throughout the backcountry. Logistics Services will identify the best location for your crew to meet one of these staff members and conduct your project. If your itinerary does not include a project area they will identify an alternate project.

PHILMONT FIELDGUIDE

The Philmont Fieldguide will provide you with an understanding of the animals, plants, geology, weather, astronomy and the impact of humans on the Philmont environment. The Fieldguide, 176 pages of color illustrations and explanations, is available at the Philmont Trading Post for \$6.95. If ordering by mail, include an additional \$1.00 for shipping and handling. A complete list of trading post items will be available upon request after May 1.

PHILMONT ITINERARIES

Advance itinerary selection enables your crew to choose from popular itineraries which have been carefully planned. Every itinerary offers a never-to-be-forgotten wilderness adventure. Your crew will select its trek from the twenty-four pre-planned choices offered in this book.

You are requested not to ask for a special itinerary, one differing from those offered. It cannot be considered until you arrive at Philmont since priority is given to preplanned itineraries and the capacity of each camp must be observed. Crews arriving without an itinerary reservation will be limited to the choices available that day.

The use of the itineraries listed in this book and the policy of starting only two crews per day on each itinerary is observed for the following reasons:

- * It disburses people which helps maintain a wilderness atmosphere and minimizes the physical impact upon the environment.
- * The location of your crew is known every day if it should become necessary to contact you about a natural disaster or an emergency message affecting one of your members.
- * Disbursal of people helps to prevent crowding at program areas.

WHEN SELECTING YOUR ITINERARY

You will need three basic tools: (1) a Philmont map, (2) a "Guidebook to Adventure", and (3) this book. Bring the crew together and explain that the objective is to select five top choices of itineraries from the twenty-four offered. Every crew is expected to make its selection from the itineraries in this book.

Several methods may be used to determine your crew's choices of itineraries:

- (1) One method is to have each crew member vote for the three program features he likes best, after studying the program list which follows the itineraries in this book. Tally the votes for each program; using the program-itinerary chart, you can determine which itinerary includes most of your desires.
- (2) Another method is to ask each crew member to study all itineraries and to make five choices. When all crew members have made their selections, the individual choices can be assembled, weighed, and the top five determined.
- (3) Devise your own method for making selections.

Please note that although all available program features are indicated on the enclosed itineraries, your crew is not required to participate in each and every one. Some may not interest you. Also, several programs must be scheduled by an Itinerary Planner when you arrive at Philmont, such as horse rides and burro packing, because of a limited number of animals.

If all available horses are already scheduled, your crew will NOT be able to have a horse ride.

DIFFICULTY OF ITINERARIES

Each itinerary is rated and the degree of difficulty is determined by mileage, ruggedness of terrain, and the number of layovers. Follow the itineraries on the enclosed Philmont map. The brown contour lines represent 80 foot elevation changes; the more lines you cross on an upward route, the tougher the climb. Steep downhill climbs are often tough, too. Mileage figures on itineraries are approximate and do not include side hikes except for Baldy Mountain. All itineraries may be used to qualify for distance requirements of the Fifty-Miler Award.

A "Typical" itinerary is approximately 50 miles and allows considerable time to enjoy program features. However, even a Typical itinerary requires considerable exertion because Philmont elevations vary from 6,500 to 12,441 feet with many long, difficult trails covering rugged and rocky terrain. A Typical itinerary can be made more challenging by taking side hikes.

A "Rugged" itinerary is approximately 51-66 miles in length and provides a variety of program opportunities. These itineraries are designed to meet the needs of most crews.

A "Strenuous" itinerary is approximately 68-76 miles in length and should be attempted only by a crew that enjoys lots of rugged mountain hiking and is in good physical condition. Smaller crews or chartered units are recommended for these treks.

A "Super Strenuous" itinerary is approximately 78-109 miles in length and is the most difficult of any. The Super Strenuous itineraries are highlighted by climbing many of Philmont's highest peaks. These itineraries are recommended only for experienced crews with seasoned backpackers and should not be attempted unless in top physical condition and capable of hiking great distances at high elevations. A regular program of physical conditioning for several months prior to your arrival is imperative. Program time is limited since much of each day is spent in hiking.

All itineraries are tough - the difference is in degrees of toughness. Good physical condition is considered a prerequisite for all Philmont treks.

PHILMONT ITINERARY NUMBER

"A" & "B" itineraries are exactly alike. They allow two crews from the same contingent to follow the same itinerary throughout their trek, although they are to hike independently on the trail consistent with the low impact camping ethic of the Boy Scouts of America. If two crews wish to use the same itinerary, send the itinerary choice cards to Philmont together and indicate this desire on the cards. Crews of more than 12 persons may be requested to divide into smaller, more manageable crews.

Take care in making your choices. The decisions will be tough because every itinerary is GREAT!

The sketch maps and graphs accompanying each itinerary are designed to show the area and terrain covered on each. The graphs depict elevation changes; the more up and down distance shown on each graph, the more challenging the trek will be.

This itinerary book is designed to let you compare different graphs by placing the ends of the pages so that the graphs appear side by side. "Smiling faces" represent layovers where you spend two nights in the same camp.

