

PHILMONT TRAIL MENU - 2003

BREAKFAST #1

Hot Cereal
(Instant Oatmeal)
Dried Fruit
Trail Mix (Gorp)
Lawry's Teriyaki Jerky
Nature Valley Granola Bar
Hot Cocoa

BREAKFAST #2

Granola Cereal (F. Vanilla)
Dried Fruit
Chewy Granola Bar (Chocolate)
Lawry's Teriyaki Jerky
Trail Mix (Gorp)
Orange Drink Mix

BREAKFAST #3

Dry Cereal (Lucky Charm)
Boulder Bar (Peanut Butter)
Trail Candy (Gorp)
Fruit By The Foot
Grape Drink

BREAKFAST #4

Hot Cereal (Cream Wheat)
Raisins
Pop Tarts (Cinnamon)
Cereal Bar (H.N. Cheerios)
Summer Sausage
Gatorade

BREAKFAST #5

Granola Cereal (Maple)
Lawry's Teriyaki Jerky
Har. Power Bar (Cherry)
Trail Mix (Fiesta)
Pineapple/Orange Juice

LUNCH #1

Jalapeno Cheese Spread
Ritz Crackers
Fig Newtons
Boulder Bar (Berry)
Honey Ham Stick
Gatorade

LUNCH#2

Canned Chicken
Club Crackers
Trail Candy (Gorp)
Nutter Butter
Gatorade

LUNCH#3

Peanut Butter w/Strawberry
Graham Crackers
Fruit Leather (Tropical)
Honey Turkey Stick
Gatorade

LUNCH#4

Tuna Fish
Saltine Crackers
Trail Mix (RS)
Pepperoni Stick
Rice Krispy Treats

LUNCH#5

Cheddar Cheese Spread
Ritz Crackers
Honey Turkey Sticks
Gardettos Snack Mix
Gatorade

SUPPER#1

Spaghetti w/ meat sauce
Corn
Bread Sticks
Chips Ahoy

SUPPER#2

Homestyle Chicken
Mashed Potatoes (Butter)
Pilot Biscuits
Strawberry Cheesecake

SUPPER#3

Black Beans and Rice
Oyster Crackers
Green Beans
Rice Crispy Treat
Corn Nuts

SUPPER#4

Chicken and Rice Dinner
Ramon Noodles (chicken)
Vanilla Pudding
Apple Rings

SUPPER#5

Chili Macaroni
Mashed Potatoes
(bacon/cheddar)
Cheese Nips
Oreos

BREAKFAST #6

Cereal Bar (Cinnamon Toast)
Trail Mix (Gorp)
Summer Sausage
Nature Valley Granola Bar
Fruit By The Foot
Gatorade

BREAKFAST #7

Hot Cereal
(Instant Oatmeal)
Pop Tarts (Strawberry)
Chewy Granola Bar (Chocolate)
Raisins
Hot Cider

BREAKFAST #8

Granola Cereal (Supper Nutty)
Trail Mix (CARS)
Cereal Bar (Cocoa Puffs)
Summer Sausage
Banana Chips
Gatorade

BREAKFAST #9

Dry Cereal
(Cheerios)
Pop Tarts (Blueberry)
Raisins
Hot and Spicy Sausage
Grape Drink

BREAKFAST #10

Granola Cereal (Blueberry)
Fruit By The Foot
Trail Mix (Fiesta)
Cereal Bar (Cinnamon Toast)
Orange Drink

LUNCH#6

Canned Ham
Cheddar Cheese Spread
Club Crackers
Trail Mix (RS)
Nutter Butter

LUNCH#7

Tuna Fish
Saltine Crackers
Chex Snack Mix
Cameo Cookies
Honey Ham Stick
Gatorade

LUNCH#8

Peanut Butter
Cheddar Cheese Spread
Ritz Crackers
Lawry's Original Jerky
Apple Sauce (Cinnamon)

LUNCH#9

Jalapeno Cheese Spread
Club Crackers
Gatorade Energy Bar
Pepperoni Stick
Fruit Leather (Blackberry)

LUNCH#10

Peanut Butter W/ Grape
Graham Crackers
Honey Ham Stick
Oreo Cookies
Gatorade

SUPPER#6

Beef Stroganoff w/Noodles
Mashed Potatoes
(garlic/herb)
Bread Sticks
Teddy Grahams

SUPPER#7

Tooth of Time Chicken
F.D. Green Beans
Pilot Biscuits
Chips Ahoy

SUPPER#8

3 Bean Chili
Pilot Biscuits
Mashed Potatoes (butter)
Chocolate Pudding

SUPPER#9

Chicken Teriyaki
Ramon Noodles
Oreos
Apple Sauce

SUPPER#10

Macaroni and Cheese
Dinner
Pilot Biscuits
Honey Turkey Stick
Banana Crème Pudding