



1999

Autumn Adventure

- ENJOY WARM SUNNY DAYS AND COOL CRISP NIGHTS
- VIEW THE SPLENDOR OF PHILMONT FALL COLORS
- GAZE AT WILDLIFE PREPARING FOR WINTER
- PHOTOGRAPH THE PANORAMA OF PEAKS
- FISH FOR TROUT IN A SPARKLING STREAM

FALL IS THE BEST TIME TO CAMP AT PHILMONT

Location: Philmont Scout Ranch is located near Cimarron, New Mexico, 45 miles southwest of Raton. Camping Headquarters is 4.6 miles south of Cimarron on Highway 21.

Who May Participate? Any individual who is at least 14 years of age or in the 8th grade at the time of participation; **units or all adult groups** such as **unit, district or council committee members; all participants must be registered members of the BSA.**

At least two adult leaders (21 years of age or older and the other can be 18), must accompany each crew of up to 10 persons. Each coed group must have at least one adult male and one adult female leader (21 years of age or older). The **minimum** ratio of adult leaders to youth is 2 to 10. All adult groups, as well as Scout and Venture Crews, are encouraged to participate in Autumn Adventure.

Every participant is required to have a current medical examination within the past 12 months. Each participant must be in good physical condition. The nearest medical facility is 45 miles from Philmont. There is limited medical support available at Philmont during the fall program. Philmont requires at least one crew member be certified in CPR and First Aid. If you have any medical concerns, please call Philmont before your scheduled arrival day. Each crew should elect a crew leader who has leadership ability and who is respected by the entire crew.

Crew Size: Fall camping is accomplished with a crew of 7 to 12 participants accompanied by an Autumn Adventure Guide. Larger groups are organized into multiple crews.

Fees: \$25.00/person/day which includes trail food and staff guide with each crew. The guide will help your group plan an itinerary and accompany you on your trek.

Reservations: Reservations are confirmed upon receipt of a \$100 deposit with the reservation form. The deposit is applied to the balance, but is non-refundable if the group cancels. Call 505-376-2281 to determine when space is available.

Arrival/Departure: Arrive and depart any day during Autumn Adventure. If arriving late in the day, try to do so between 6:00 - 7:00 pm. You will be housed in Camping Headquarters Tent City the first night. Evening meal will not be served. Plan to eat supper before arriving at Philmont. If you arrive in the morning, you may get into the backcountry that same day. Upon departure, you can come off the trail and leave the same day or arrange to stay in Camping Headquarters that night.

Program Options: Each group will plan its own itinerary with the assistance of a Philmont Guide. The itinerary can be as strenuous or as leisurely as desired depending upon the physical condition, training and preparation of the group. A guide will accompany each group throughout its trek. Accommodations to stay at Headquarters are not available except for your first and last night and there is no meal service.

The group may elect to take a day hike only or may choose to camp overnight or spend several days backpacking the Philmont high country. Opportunities abound for photography, trout fishing, mountain climbing, gazing at wildlife, learning about the flora and fauna of the area, visiting historical sites or just relishing the opportunity for quality time away from the stress of every day life.

Philmont will not provide transportation to backcountry camps. Personal vehicles may be driven to any established starting location. (Turnarounds: Zastrow, Lovers Leap, Cimarroncito, Six Mile, Ponil and Maxwell. Also, Abreu, Zastrow and Ponil camps.)

Non-resident fishing licenses must be purchased for each person who wants to fish at the following rates: (subject to change) 1 day license - \$8.50; 5 day license - \$15.00; annual license \$41.00. Philmont fishing licenses for persons under 17 may be purchased for \$1.50.

Awards: Each participant who completes training will be awarded a distinctive patch as a remembrance of Philmont Autumn Adventure. The patch can only be earned, it is a recognized symbol of participation in a fall trek.

Tour Permit: Submit your tour permit for approval at least one month in advance.

Transportation: Check your vehicles BEFORE you leave home. AAA and state agencies will recommend emergency supplies you should carry.

Trading Post: Each Autumn Adventure group may reserve a time to visit the Trading Post during their stay in Camping Headquarters.

Clothing and Equipment: When packing for Autumn Adventure, consider protection for each part of your body. Temperatures may vary from 80 degrees F during the day to 20 degrees F or even lower at night. Whenever possible, bring clothing made of wool, polar fleece or polypropylene. Even when wet, these fabrics retain some insulating value. Each participant should bring or plan to buy the following: (items marked with an * can be purchased in the Philmont Trading Post)

Day Hiking		
ITEM	✓	✓✓
hiking boots	___	___
day pack*	___	___
water bottle or canteen*	___	___
(with water, two-1 qt. capacity)		
medium weight wool jacket	___	___
or wool shirt & wool sweater*		
lunch	___	___
first aid kit*	___	___
map*	___	___
compass*	___	___
sunscreen*	___	___
(SPF 15 or higher)		
sunglasses*	___	___
wide brimmed hat*	___	___
matches* or lighter	___	___
(in waterproof case*)		
pocket knife*	___	___
sturdy rain suit*	___	___
pair wool mittens or gloves*	___	___
stocking cap*	___	___
Backpacking Treks - Personal Equipment		
All of the items listed above plus the following:		
backpack w/frame & padded hip belt	___	___
(may be rented at Philmont for \$1.00/person/day)		
pack cover*	___	___
(waterproof or large plastic bags)		
6 plastic bags - assorted sizes	___	___
Sleeping		
sleeping bag in waterproof bag	___	___
sleep clothes	___	___
(worn only in sleeping bag)		
straps* (to hold bag on pack)	___	___
waterproof ground cloth 5' x 7'	___	___
(1 per 2 people)		
Clothing (packed in plastic bags)		
lightweight sneakers or tennis shoes	___	___
2 pair heavy wool socks*	___	___
3 pair lighter inner socks*	___	___
2 changes underwear	___	___
2 pair hiking shorts	___	___
1 long sleeve shirt	___	___
1 pair long pants	___	___
2 short sleeved shirts (not nylon)	___	___
Eating		
deep bowl* or plate (small)	___	___
cup* (measuring style)	___	___
spoon*	___	___

Personal and Miscellaneous		
ITEM	✓	✓✓
small pocketknife* (A)	___	___
50 ft. 1/8-inch nylon cord* (S)	___	___
flashlight (small w/extra batteries) (S)	___	___
bandanna or handkerchief* (BB)	___	___
whistle* (A)	___	___
lip balm* (BB,A)	___	___
soap, biodegradable* (BB)	___	___
toothbrush/toothpaste* (BB)	___	___
comb	___	___
small towel	___	___
moleskin or molefoam* (BB,S)	___	___
adhesive bandages* (BB,S)	___	___
note pad and pen	___	___
tampons/sanitary napkins (BB)	___	___
sunglasses*	___	___
Optional		
belt	___	___
foam sleeping pad*	___	___
camera and film* (BB)	___	___
watch	___	___
fishing equipment*/licenses*	___	___
rubber bands	___	___
insulated underwear*	___	___
foot powder (BB,S)	___	___
Philmont Fieldguide* (S)	___	___
Crew Equipment (plan to bring your own)		
cooking kit/utensils	___	___
hot pot tongs	___	___
backpacking stoves*	___	___
(1 per each 4 persons)		
plastic trash bags	___	___
dishwashing soap	___	___
scouring pads	___	___
toilet paper	___	___
2 person tents	___	___
(may be rented at Philmont for \$4.00/day)		
Provided by Philmont		
water purification chemical		
100'-1/4" rope and burlap bag		
Code		
(BB) - Packed together in plastic bag to be placed in bear bag at night		
(S) - Share with buddy		
(A) - Easily accessible in pack or carried on person		
* - Can be purchased in Trading Post		
PHILMONT		



PHILMONT WEIGHT LIMITS FOR BACKPACKING & HIKING

Each participant in a Philmont trek must not exceed the maximum acceptable limit in the weight for height chart shown below. The right hand column shows the maximum acceptable weight for a person's height in order to participate in a Philmont trek. Those who fall within the limits are more likely to have an enjoyable trek and avoid incurring health risks. Every Philmont trek involves hiking with a 35-50 lb. backpack between 6,500 and 12,500 ft. elevations. Philmont recommends that participants carry a pack weighing no more than 25-30% of their body weight.

Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck, **will not** be permitted to backpack or hike in Philmont. For example, a person 5'10" cannot weigh more than 226 lbs. ***The Philmont physicians will use their best professional judgment in determining participation in a Philmont trek by individuals under 21 years of age who exceed the maximum acceptable weight for height. Participants under 21 years of age are strongly encouraged to meet the weight limit for their height, and exceptions are not made automatically. Discussion in advance with Philmont regarding any exception to the weight limit for persons under 21 years of age is required.***

The maximum acceptable weight for individuals of any age 6' 7" or taller is 295 lbs. This limit is necessary due to limitations of rescue equipment and for the safety of Philmont personnel. The maximum weight for any participant in a Cavalcade Trek and for horserides is 200 lbs.

HEIGHT	RECOMMENDED WEIGHT (lbs.)	MAXIMUM ACCEPTANCE
5'0"	97 - 138	166
5'1"	101-143	172
5'2"	104-148	178
5'3"	107-152	183
5'4"	111-157	189
5'5"	114-162	195
5'6"	118-167	201
5'7"	121-172	207
5'8"	125-178	214
5'9"	129-185	220
5'10"	132-188	226
5'11"	136-194	233
6'0"	140-199	239
6'1"	144-205	246
6'2"	148-210	252
6'3"	152-216	260
6'4"	156-222	267
6'5"	160-228	274
6'6"	164-234	281
6'7" & over	170-240	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Department of Agriculture and the Department of Health and Human Services.