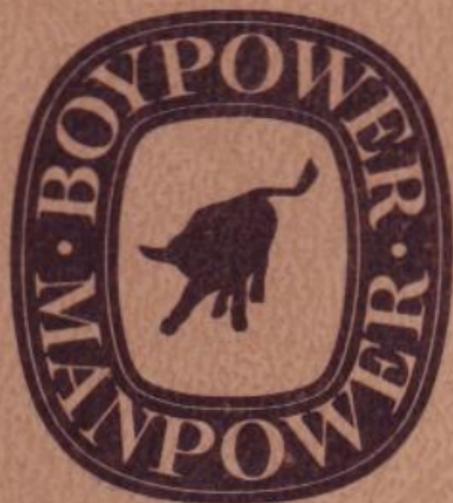


The Philmont Ranger's Notebook



*Philmont Scout Ranch
and
Explorer Base*

BOY SCOUTS OF AMERICA

I agree to join with the
Boy Scouts of America
in protecting my country's
natural beauty and conserving
her natural resources.

PHILMONT RANGER SONG

I want to go back to Philmont
Where the old Rayado flows,
Where the rain comes a seepin'
In the tent where you're a sleepin'
And the waters say hello.

I want to wake up in the morning
With my socks all wringing wet,
For it brings back fondest memories,
That a Ranger can't forget.

I want to hike once more the
canyon floor
From Scriblins to Old Camp
With my pack sack a creakin'
With my back with sweat a reekin'
And my legs begin to cramp.

I want to hike again with such great
men - As made those famous treks
From Beaubien to Porky
and from Cito to Car Max.

-1961 Philmont Rangers and Staff-

THIS NOTEBOOK IS THE PROPERTY OF
RANGER _____

IF FOUND, PLEASE RETURN TO:

RANGER HEADQUARTERS

PHILMONT SCOUT RANCH

AND

EXPLORER BASE

-OR-

HOME ADDRESS:

1971
SUMMER CALENDAR

| JUNE | | | | | | |
|------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |

| JULY | | | | | | |
|------|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

| AUGUST | | | | | | |
|--------|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

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YOUR USE OF RANGER'S NOTEBOOK

This notebook is provided to you, as a member of the Philmont Staff serving as a Philmont Ranger.

As a ranger, you represent not only the entire Philmont Staff and administration but also the Boy Scouts of America.

You are Philmont's ambassador of Scouting to the many leaders and boys you serve.

In the guidance and teaching of groups visiting Philmont, follow this outline closely making certain to cover all items.

The notebook is divided according to the four training days you will be with each group.

USE OF

(1) RANGER'S NOTEBOOK

This includes from the time the group arrives until you say goodbye to them on the Philmont trails.

The successful experience of leaders and boys at Philmont will be the direct result of your ability, skill, and diligence in presenting this essential information and teaching these basic skills the group will need on the trail.

PHILMONT
IS COUNTING

ON
YOU

MR. RANGER

USE OF

(2) RANGER'S NOTEBOOK

STAFF AIMS AND OBJECTIVES

1. To provide every camper with an experience that will match his high anticipation.

2. To demonstrate before every camper the best of:
 - Scouting spirit
 - Leadership
 - Program resources

3. To develop on the part of every camper a keener awareness and appreciation for the great out-of-doors and the responsibilities that accompany the privileges of living in the out-of-doors:
 - To use and not abuse
 - To practice conservation -
wise-use
 - To keep America beautiful

4. To put into practice the principles embodied in the Scout Oath and Law -

In our daily living among our fellow staff members, and with each individual camper.

By so doing, each of us will respect the human dignity of each person with whom we will come into contact during the season.

5. The embodiment of the idea of necessity and practicality of proper scouting and camping skills.

STAFF AIMS

(4) AND OBJECTIVES

5 STEPS IN TEACHING

1. INTRODUCTION
Brief introduction of
subject.
2. EXPLANATION
Here you tell them how.
3. DEMONSTRATION
Now you show how.
4. APPLICATION and practice
Here's where THEY do it.
5. EXAMINATION
Test 'em out.

How much did they learn?

HINTS ON TEACHING OTHERS

1. Set a good example.
Check your appearance-uniform
2. Make them comfortable.
You face the sun
3. Know your subject - be prepared.
4. Use your reference material.
Don't hesitate to refer to
Ranger Notebook and guidebook.
5. Talk to the whole group.
Look them straight in the eye
Speak clearly and loud enough
6. Keep it simple, make it fun.
Explain fully but briefly
7. Encourage questions - allow
time for, and welcome questions
8. Never criticize in public.
Don't scold, keep an open mind
9. Discuss problems with leaders
first.
10. Forget how good you are -
"We" is better than "I".

HOW TO MAKE A GOOD CRITIQUE

A short critique at the close of each day's training is essential, after cleanup or campfire.

- . It provides a needed review.
- . It reminds each person of things he may have forgotten.
- . It gives you a chance to compliment the group.
- . It's a double check for you as well as for the group.

A GOOD CRITIQUE INCLUDES--

Preview comments with leaders

Get their ideas and suggestions

Include them when possible

Brief review of day's activities

Point out highlights

Compliments on achievements

Constructive criticism

Be positive

Talk about the correct method

Don't use sarcasm

Summary of points for emphasis

Brief outline of tomorrow's plans

HINTS ON

(7)

CRITIQUE

EXPEDITION ARRIVAL - ORIENTATION

Welcome - handshake - introductions.
Check in at Headquarters - use card.
Ranger stays with his group all day
and takes them to campfire.
Talk up selected itinerary.
Establish good rapport.

Shakedown.

Trading Post for trail equipment only.
Don't forget some freetime.

Constructive activities for remainder
of day, time permitting.

Nature-conservation area.

Big house - Seton Museum.

Philmont Museum (On own buses).

Horse corrals - Eastern groups.

Trace route on map.

New Mexico Story.

FIRST DAY

(8)

RESPONSIBILITIES

CHECKING IN YOUR GROUP AT CAMP
HEADQUARTERS

Be on time in complete uniform.
Introduce yourself to the leader and
to the group.
Extend friendly handshake.
Smile.

Give them time for a break before
starting out - remember it's been
a long ride.

Use the check-in card.

Explain what you are going to do.
Importance of sticking together
Knowing expedition number
Cooperation to get job done

Talk up itinerary as selected.
Don't lose them at the T. P.

EQUIPMENT AND PACKING

Use equipment lists in "Guide Book".

Lay out personal equipment.

Display group equipment.

Double check each item.

Be sure group has brought or purchased all group items not furnished.

Review importance of each person's providing adequate space for -

- . his personal belongings
- . his share of group equipment
- . his share of group food

Weight - emphasize going light.

- . how to cut it down

What to wear on trail.

- . uniforms best

What to carry on your person.

Care of feet - keeping clean, toenails.

Shoes - check them, laces, well-broken in, care of.

FIRST DAY (10) SHAKEDOWN

EQUIPMENT AND PACKING

Socks - light to medium weight.

2 pairs at a time

socks rub on socks

keep clean and dry

Poncho and ground cloth separate.

Protect bedroll and person

Preparing for packing.

Check type of packs group has

Recommend pack frame substitute
when necessary.

Encourage use of plastic bags

Demonstrate with their pack, not
yours. (Pack is a bag full of
bags)

Everything tightly rolled

Crushables protected

No small loose articles

Packing

Weight near top, in toward body

Everything on inside.

PACKING

Assign crew leader to help ranger and leaders distribute group equipment. Consider ability to carry, size and pack. Show how to pack items, such as axe, bow saw, shovel, group first-aid kit, maps, canteens, ponchos, cups, flashlights, camera, lunch, toilet paper, dining fly.

Pots - separated - in top of pack filled with food or breakables. Stress packing same items in same place each time.

Items most used on top, in pockets, easy to get.

Leader carries sanitizing tablets
Weigh all packs and make adjustments as needed.

Carrying pack.

Putting on and taking off first halfway, then all way on.

PACKING AND PERSONAL HYGIENE

Use buddy to help
Handle pack carefully
Straps snug - no bounce
Shoulder pads
Ways of shifting weight and
resting - use of hip strap
and/or waist band.

PERSONAL HYGIENE

Uniform - proper wear and care
Laundry - in staffed camps
on the trail
Bathing - when and where
no washing or wading in streams
soap in water

Shaving daily - no beards
to encourage cleanliness

FIRST DAY (13) SHAKEDOWN

TRAIL SHAKEDOWN

(On trail from bus to starting camp)

On bus enroute - mention points of interest - explain day's plans

After getting off bus - sit group down and briefly discuss the various skills to be practiced during hike to starting camp.

Hike in - trail shakedown

Arrival at Starting Camp

Making Camp

Critique and plans for tomorrow

Review loading packs - "saddle up"

Pack adjusting

Hiking Order - leaders near front and at rear

Rotate places in line to give all a chance to lead

Keep about six feet between hikers

Importance of staying together

Never go alone - three or more

SECOND DAY (14) TRAIL SHAKEDOWN

TRAIL SHAKEDOWN

(on trail from bus to starting camp)

Rest stops - pack on - pack off

Water discipline

Stress pace and effects of altitude

Trail sanitation - cat hole

Disposal of trash on trail

Points of interest

Care of feet on trail

Remove shoes and socks

Use of foot powder

Care of blisters - clean, cover, and
do not puncture

Keep socks dry and clean

Remember "you can't trade your feet
in when they "break down". The
success of your trip depends on
your feet.

SECOND DAY

(15) TRAIL SHAKEDOWN-2

TRAIL SHAKEDOWN

(On trail from bus to a starting camp)

Trail Etiquette

The more noise you make the less you'll see.

Right of way goes to those coming up, except that burros have right of way over hikers.

Never molest or change a sign or trail marker. Replace fallen or down signs only if you are positive of its correct direction.

Help keep trails clean of trash.

Don't cut switchbacks.

Clean up messy camps.

Try not to disturb wildlife.

Use your tote-litter bag.

STARTING CAMP

SELECT A SITE

Good drainage, level ground, shade, wind protection, gully wash, overhead limbs and other hazards.

THE COOKING FLY IS FIRST

Top of pack - ready to use

Everybody helps - select the spot

Back to wind - one side down

Support line to poles

Use trees when available at approved, specified tent sites only

Double stake

Fasten loops through grommets-sticks

Clove hitch around poles

Bowline at corners of fly

Taut line hitch at stakes

Fireplace at front edge of fly

DIVIDE GROUP INTO BUDDIES

Wood, latrine and fireplace, water and cooking area

Assign more as needed, assign tools

STARTING CAMP

PITCH TENTS BY BUDDIES

Select sites, set up tents

BREAKING CAMP

Reverse the above - tents down first

Fly last to protect equipment

STRESS CREWMANSHIP

Everybody pitches in when he finishes his assigned job

Set up an organized, written duty roster (see sample below)

Have extra man work on Dutch oven when needed

FOR COOKING AND CLEANUP

| | CLEANUP | COOKING | WOOD & WATER |
|--------|---------|---------|--------------|
| Tues. | Joe | Jim | Rog |
| | Pete | Bill | Mark |
| Wed. | Bart | Fred | ZZ |
| | Bill | Bob | Mig |
| Thurs. | Rog | Joe | Jim |
| | Mark | Pete | Bill |

STARTING CAMP

BOW SAW - AXE - HAND AXE - KNIFE

Use in combination to get job done

Firewood preparation - demonstrate

Bow saw - cut it down or off

Drag it in

Axe or hand axe - trim it

Bow saw - cut it up

Axe or Hand axe - split-contact
method

Knife - shavings or fuzz stick

Teach use of hand axe if they bring

STRESS CONSERVATION AS YOU GO

Cut close to ground - bow saw

Undercut limbs - bow saw

Dead tops of trees - bow saw

STRESS CORRECT USE, SAFETY AND CARE

Bow saw - protect with hose, cloth

Place beside log

Hand and knees protected - it jumps

Keep strokes level - don't rock

Show how to test

STARTING CAMP

Axe - wear boots, protect with sheath

Keep off ground - handle with care

Protect from water, weather

Safe distance from people - objects

Hands low - legs apart - guard block

Show short swing first'

Contact method where possible

Trim towards top

Proper removal of axe from block

Sharpen with file and stone

File away from bit

HAND AXE - Kneel when using

Get down to your work

Contact method

Carry in or on pack - not belt

KNIFE - Jackknife preferred

Easily available - carry in pocket

keep it sharp - use stone

Sheath knife on hip, not front

USING WOODS TOOLS

Take it easy at first

Treat with respect

Practice - lots of practice

Take good care of them.

SECOND DAY (20) WOODS TOOLS - 1

STARTING CAMP

WOOD, FIREPLACE, FIREBUILDING

WOOD - Dead trees and limbs best
Dead top of oaks - good
Need tinder, kindling and firewood
Split it down to burning size
Keep it covered - plastic sheet
Leave a good supply

Fireplace - clear 6 ft. area
Use the one that's there
Build up with mineral soil
 from your latrine - trail camp.
Protect with fly
Use down logs, non-explosive rocks

Firebuilding - "slap-dab" method
easiest
Support - 4" high - log, rock, can
Point it towards the wind
Tinder on either side
Kindling next - supported
Light on windward side
SECOND DAY (21) COOKING AREA

STARTING CAMP

SUPPORTING YOUR COOKING POTS FIRE OUT - PROPER CLEAN UP

Supports - pairs of rocks, parallel logs, steel tent pins in 3's
Discourage crooked supports and lug poles

Set to keep pots close to fire and coal
Area for Dutch oven cooking beside the fire.

Fire Dead Out -

Remove large logs and unburned firewood first - save after extinguishing all fire and sparks.

Pile near permanent fireplace

Sprinkle water and stir

Use rinse water

Where new fireplace had to be made

Replace soil in latrine hole

Pile wood at side of site

Leave area better than you found it.

SECOND DAY (22) COOKING AREA

STARTING CAMP

COOKING TRAIL FOODS

Read instructions at least twice

Use prescribed amount of water
until you have gained experience

Allow time for water to boil in
higher altitude

Do not express your personal likes
and dislikes in food

Praise menus and trail foods

TIPS

Use as few pots as possible

Use plastic bags for mixing foods

Soak used pots immediately

Coals for Dutch oven cooking

Use plastic food bags for trash

Use plastic sheet for cooking cloth

Protect open food from dust and wind

Start longest cooking foods first

Try to have everything ready and
cooked at same time

Watch over seasoning foods

Don't try anything fancy at first

SECOND DAY

(23)

COOKING

STARTING CAMP

Get them to do it right the first time

Full pot of hot water on before eating

Cleanup men set up wash and rinse pots

Use a little soap in wash water

Use sanitizing tablet in rinse

Each man wipes out own dishes

using A.P.

Cleanup men start on pots

Each man washes own dishes and two

volunteers do cleanup's dishes

Dunk with hot pot tongs and air dry

dishes on plastic sheet

Strain garbage from dishwater

Use sump if available

If not, pour next to stump or tree

away from campsite

Store clean dishes and pots in

packs

Hang food between two trees out of

animal's reach.

SECOND DAY (24) DISHWASHING

CAMPFIRE - informal

Songs follow the fire. Critique by ranger and leaders of complete training. Plans for tomorrow and the rest of the trip. Leave a chance for questions.

Strengthen leaders, show your confidence in them. Close with a few minutes of inspiration.

LEAVING A TRAIL CAMPSITE

Make certain fires are out. Remove soil and ashes from fireplace and place in latrine. Fill in and mound over latrine hole. Mark latrine with date closed.

Carry all non-burnable trash and garbage to nearest recognized trash disposal in your tote-litter bag. Double check area for litter and fire.

THIRD DAY

(26) CAMPFIRE-LEAVING
CAMPSITES

TRAIL SKILLS

Re-emphasize all skills
Breaking camp
Ranger stays with leader
Inspection and check out

ON THE TRAIL

Finding your way, safety,
First aid, pictures, trail discipline,
water packs, forest fires, lost and
survival.

MAKING TRAIL CAMP

Selection of site
Location of cook fly
Digging latrine
Preparation of fireplace
Doublecheck all skills

Re-emphasize cleanings and sanitation
Critique
Campfire

THIRD DAY (27) RESPONSIBILITIES

ON THE TRAIL

SAFETY PRACTICES ON TRAIL

Take it easy - rest frequently
Stay together - don't string out
Check your group at all rest stops
Keep group pace down to average
ability of its members

Methods of slowing group -
pictures, maps, wildlife, discussions,
keeping a log

Iodine all water from other than
established camp sources

Explain effects of altitude

FIRST AID

"What you have where you are, right
now" - Ernest T. Seton

Don't panic, keep calm.

Minor cuts, abrasions - soap & water
Severe lacerations, bleeding - direct
pressure.

Minor burns, sunburn - cold compresses
Severe burns - sterile dressing

ON THE TRAIL

First Aid continued

Sprains - treat as fracture until
sure

Fractures - pad, support, and splint

Heat fatigue & exhaustion - rest,
sleep warm, out of sun

Snake bites - very slight constriction
cold water, calm, no cutting.

Breathing - mouth to mouth

Shock - warmth, head low

Report in - call a doctor.

ON THE TRAIL

FIRE - FOREST FIRES

Report forest fires immediately
to nearest camp.

Always send two and preferably three

Do not take group into fire area
or area where fire is reported.

GET YOUR group out of the danger
area as soon as possible.

LIGHTNING STORM

Stay away from wire fences, and large,
lone trees during a lightning
storm.

Avoid exposed hilltops

LOST - keep calm, don't get excited

Try to orient yourself, use map
and compass if available.

Take it easy, don't hurry or panic

Mark your direction of trail

At Philmont - go downhill, follow
ridge down

Do not travel at night, signal with
bright fire at night, smoke by day.

WILDERNESS MANNER

If you must - smoke only in camp -
never on trail

Use your tote-litter bag

Pick up all litter on trails and camps

No digging holes of any kind

Bury nothing

Avoid trenching tents

No fire trenches or holes

Carve a dead stick, not trees,
latrines, trail signs, etc.

Leave all green vegetation standing -

There's not enough for bough beds

Rocks can kill when thrown or rolled
downhill.

Large rolling rocks - very dangerous

Pet animals can have rabies

Put away all food when not in use

Bears can kill and wreck a camp

Leave them alone

Report all damaged trail and other
signs to nearest camp.

LEAVE A CLEAN CAMP

THIRD DAY (33) WILDERNESS MANNERS

SELECTION OF TRAIL CAMP

Look for water supply, firewood, wind and sun protection, enough space. Site should be well-drained, out of gullies or stream beds.

Check hazards, such as dust, wire fences, deadfalls and overhead limbs, lightning attractors and fire danger.

SEE PAGE 18 AND 19

LATRINE AND FIRE AREA

Dig latrine - wide - long - deep
Use unburnable soil from latrine to build up a fireplace area.

Carry dirt in plastic sheet

Always use old fire area if there.

WATER - SITES WITH NO WATER

For supper, overnight, breakfast need 25-30 quarts of water per crew.

Use extra water containers and carry from nearest water supply.

EMPHASIZE CLEANUP - BE CERTAIN ALL FIRES ARE OUT.

THIRD DAY (34) MAKING TRAIL CAMP

THINGS TO REMEMBER

Pull coals from fire and for oven
Do not place oven in fire
Preheat lid and oven near fire
Grease with margarine
Check seal of lid by sliding back
and forth
Top heat is important
Use coals not ashes
Replace coals when they get cold
Clean oven with margarine and A.P.
Test bread with straw
Do not remove lid too often

RANGER FRUIT COBBLER

Easy to make - good to eat!

Serves 10-12 persons

Ingredients - 2 #2½ or 3 #303

canned fruit; 1 pk. biscuit mix or
½ box biscuit mix; 8 pks. ind. sugar;
1 stick (¼#) margarine.

THIRD DAY (35) DUTCH OVEN COOKING -1

MENUS

Preparation -

Grease and preheat oven

Prepare coals for oven

Place fruit, 4 pks. sugar and
 $\frac{1}{2}$ stick margarine in oven

Sprinkle lightly with cinnamon

Heat until fruit boils

While heating, prepare biscuit mix
by adding small amount of water to
indentation in top of mix and
stirring with "twixer" in box or
bag until ball of dough is formed.

Add 3-4 pks. sugar and $\frac{1}{2}$ teaspoon
cinnamon to biscuit mix

Drop small balls of biscuit mix
into boiling fruit.

Place lid on oven securely

Add coals to top of oven

Allow bottom coals to go out

Replace top coals as needed

Bake until dough is done.

COOKING TIPS

Breakfasts

Western omlette in Dutch oven
add wild onions

Oatmeal - cook last. Remove from
fire when not quite done. Add
raisins or other fruit

Mix milk night before - add one
package of sugar for flavoring

Cook bacon in Dutch oven and use the
lid for pancakes

Suppers

Add bisquick and sugar dumplings to
chicken-ala-king 10 minutes
before it is finished

Add butter and pre-mixed milk to
instant potatoes

Add cinnamon to vanilla shake

Jello mixed in fry pans sets quicker



INFORMATION A RANGER SHOULD KNOW

NOTE: Copy the latest information
from your Ranger Training Outline

PROGRAM REFERENCES (39) INFO. RANGER



INFORMATION A RANGER SHOULD KNOW

NOTE: Copy the latest information
from your Ranger Training Outline

INFO. RANGER (40) PROGRAM REFERENCES

COOKING TRAIL FOODS IN DUTCH OVEN

FRENCH CUPS: Ingredients -

Biscuit mix, appleberry sauce, sugar, cinnamon, and nutmeg.

Recipe: Mix 1 pkg. of biscuit mix into dough, add sugar to taste.

Prepare 2 packs of appleberry.

Flatten small pieces of dough into a cup shape. Fill dough with appleberry sauce and sprinkle sugar, cinnamon, and nutmeg on top. Bake in Dutch oven or pan put into Dutch oven until brown.

APPLE TURNOVER: Ingredients -

Biscuit mix, sugar, apple chips or sauce, cinnamon and nutmeg.

Recipe: Mix 1 pk. biscuit mix into dough, add sugar to taste. Let sit for few minutes while apple chips or sauce hydrates.

Roll dough flat and cut in 5" squares. Place portion of apple on square; fold diagonally into triangular piece.

Pinch edges together. Bake in well-greased Dutch oven until brown.

PROGRAM REFERENCES (41)DUTCH OVEN MENUS

MENUS

PIZZA: Ingredients -

Biscuit mix, sugar, cheese spread, tomato paste, sausage, salt and pepper.

Recipe: Mix 1 pk. biscuit mix into dough, add sugar to taste. Roll out to fit large fry pan, 1/8" thick, so it comes up on the sides. Pour on tomato paste. Add cheese, sausage, spices, spreading evenly. Bake in Dutch oven until crust is brown.

JELLY ROLLS: Ingredients -

Biscuit mix, sugar, jelly and margarine.

Recipe: Make like turnover or mix jelly in with dough so that small rolls have marbled-jelly effect. Bake in Dutch oven until crust is brown.

MENUS

DATE, PEACH, OR APPLE MUFFINS:

Ingredients - Dates, peach slices or apple chips, biscuit mix, corn bread, or gingerbread mix, sugar and margarine.

Recipe: Mix 1 pk. biscuit mix into dough, add extra sugar and $\frac{1}{2}$ cube margarine. Mix in fruit. Make into muffins and bake in well-greased Dutch oven until brown.

OATMEAL, APPLE, DATE, PEACH OR PEANUT BUTTER COOKIES:

Ingredients - Biscuit mix, flavoring as above, margarine and sugar.

Recipe: Prepare as muffins, adding more margarine and sugar. Mix in ingredients to taste and form into thin slices or drops. Bake in well-greased oven until brown.

PROGRAM REFERENCES (43) DUTCH OVEN MENUS

MENUS

SOPAIPILLAS: A Mexican dish from New Mexico and made from yeast-raised dough. Dissolve 1 yeast cake (1 envelope) in $\frac{1}{2}$ cup water. Mix with 3 cups flour and $\frac{1}{2}$ cup water (use 2 eggs instead of water if available) and mix into dough. Knead it for about 10 minutes, and set it to raise in a warm place until it doubles in size. Roll the dough flat, cutting it into 3" squares. Set the squares aside to raise again. Drop them into hot fat and cook until golden brown. Sprinkle with cinnamon and sugar or eat with honey as the Spanish do.

TORTILLAS: Besides frijoles (beans), tortillas are the Mexican's favorite food.

Cornmeal tortillas are made of 2 cups cornmeal, 1 tsp. salt, 1 cup wheat flour. Mix into stiff dough. Set

MENUS

dough aside, for 20 minutes. After wetting hands, make dough into little balls, size of egg and pat them into very thin pancakes. Bake brown on both sides in Dutch oven.

Maple Biscuits

Melt $\frac{1}{2}$ stick ($\frac{1}{8}$ #) of butter in small frying pan, add pancake syrup until you have a thick syrup. Add biscuits and cook in Dutch oven.

Cakes

2 pkgs. bisquick, $\frac{1}{2}$ pkg. milk, 2 tsp. scrambled eggs or french toast mix, plenty of sugar, and flavoring ($\frac{1}{2}$ pkg. hot chocolate or orange drink mix). Mix all together while dry, add water until consistency of corn bread mix and bake in well-greased oven - cocoa mix frosting.

PROGRAM REFERENCES (45) DUTCH OVEN

QUICK BREAKFAST

Ranger should explain purpose to group.

May be used once or twice during an expedition for two very important purposes.

When expedition has a particularly long hike and wishes to break camp as early as possible.

For the last morning's breakfast prior to pick-up of expedition. Thus, cooking gear can be cleaned up the night before.

MENU - Juice, sugar-coated cereal, Pop Tarts, cocoa and dry milk.

Check correct quantities at commissary.

PROGRAM REFERENCES (46) QUICK BREAKFAST

SONGS RANGERS SHOULD KNOW

THE PHILMONT HYMN

Written and composed by John Westfall
Philmont Staff Member

Silver on the sage
Starlit skies above
Aspen-covered hills
Country that I love
Philmont here's to thee
Scouting paradise
Out in God's country tonight
Wind in whispering pines
Eagle soaring high
Purple mountain ranges rise
against an azure sky
Philmont here's to thee Scouting
paradise Out in God's country
tonight.

PROGRAM REFERENCES (47) SONGS-PHILMONT
HYMN

SONGS RANGERS SHOULD KNOW

THE HAPPY WANDERER

I love to go a wandering along
the mountain track
And as I go I love to sing,
my knapsack on my back.

Val-da-ree, val-da-rah, val-da-ree,
val-da-rah, ah ah ah ah
Val-da-ree, val-da-rah beneath God's
clear blue sky.

I wave my hat to all I see and
they wave back at me
And blackbirds call so loud and
sweet from every greenwood tree.
High overhead the skylarks wing
they never rest at home
But just like me they love to
sing as o'er the world they roam.

Oh may I go a wandering until the
day I die and may I always laugh
and sing beneath God's clear blue sky.

PROGRAM REFERENCES (48) SONGS-H. WANDERER

SONGS RANGERS SHOULD KNOW

ON MY HONOR

On my honor I'll do my best to do
my duty to God.

On my honor I'll do my best to serve
my country as I may.

On my honor I'll do my best to do
my Good Turn each day

To keep my body strengthened and
keep my mind awakened

To follow paths of righteousness.

On my honor I'll do my best.

SCOUT VESPER

Softly falls the light of day,

While our campfire fades away;

Silently each Scout should ask

"Have I done my daily task?

Have I kept my honor bright?

Can I guiltless sleep tonight?

Have I done and have I dared

Everything to be prepared?"

PROGRAM REFERENCES (49) SONGS-ON MY HONOR

SONGS RANGERS SHOULD KNOW

DOWN IN THE VALLEY

Down in the valley, the valley so low,
Hang your head over, hear the wind
blow.

Hear the wind blow, dear, hear the
wind blow,

Hang your head over, hear the wind
blow.

Build me a castle forty feet high,
So I may see her as she goes by.
As she goes by, dear, as she goes by,
So I may see her as she goes by.

Roses love sunshine, violets love dew,
Angels in heaven know I love you,
Know I love you, dear, know I love
you,
Angels in heaven know I love you.

SONGS RANGERS SHOULD KNOW

THIS LAND IS YOUR LAND

As I was walking that ribbon of
highway
I saw above me that endless skyway,
I saw below me that golden valley,
This land was made for you and me.

Chorus:

This land is your land
This land is my land
From California to the New York island
From the redwood forest
to the Gulf Stream waters
This land was made for you and me.

SONGS RANGERS SHOULD KNOW

SHOE GAME ALA WADSWORTH

Instructions -

Have gang remove right shoe and kneel down in circle close enough to pass shoes from one to another.

Teach song to a "beat" as indicated below. Practice several times and then start passing shoes.

"Sorry - ^xto pass-^xez
Der-re ^xDer-re ^xDer-ra
Sorry - ^xto ^xpassez
Ceci - ^xcéca ^xtrappez."

Hold shoe in hand during last line, then continue song and passing shoes.

Appoint judges and disqualify those who miss until only the winner is left.



SONGS RANGERS SHOULD KNOW

PROGRAM REFERENCES (53)

SONGS

PLANNING

4 "S's" - Songs, Stunts, Storytelling
and Showmanship

SONG LEADING

Select song and tell them the name
Be sure whole group has the key or
pitch.

Tempo - beating time - start and stop
together - be sure they see you -
use your hands.

Information - the words, the tune,
teach them.

Leadership - control - plan songs.
Do not ask what song they want, tell
them. Follow the fire.

Pep-enthusiasm

BEWARE OF PARODIES, SONGS THAT ARE
SUGGESTIVE OR MIGHT OFFEND.

Work for music, not just noise.
However, volume is important.

PROGRAM REFERENCES (54) PLANNING AND LEAD-
ING A CAMPFIRE-1

STUNTS

OPENING CEREMONY - make it good no matter how simple. It set the stage for the whole program.

CLOSING CEREMONY - always quiet and inspirational.

Censor all stunts before they are presented - if questionable, forget 'em. Games are also stunts.

STORY TELLING - voice important

The Story -

True experiences are best

Lots of action

Can you describe incidents clearly

Fast start - get instant attention

Surprise climax

Telling the Story -

Focus audience interest by your first sentence.

Phrase story - audience understands

Never "talk down" to audience

Learn to pause at right moment

Watch faces and gauge accordingly

Never tag a moral on story.

PROGRAM REFERENCES (55) PLAN. & LEAD-

ING CAMPFIRE-2

Telling the Story

Never read a story - tell it
Learn story well enough to see it
Use your imagination
Be careful with ghost stories
Never try to scare people.

Showmanship

A fire that burns down
Do not use chemicals or liquid fuel
to start fire
Mechanical or electrical start okay
Control razzing - booing
Keep control - keep it moving
Use talents of group.

Never talk too long
A short message, to the point is best.
Bring in the adult leaders
Use boy leaders
You do not have to run the whole show.
Teach 'em how.

PROGRAM REFERENCES (56) PLANNING AND
TEACHING CAMPFIRE-3

READ THIS REFERENCE LITERATURE

RANGER TRAINING OUTLINE

PHILMONT TRAILS

GUIDE BOOK TO ADVENTURE

CAMPING MERIT BADGE PAMPHLET

PROGRAM REFERENCES (57) LITERATURE

THE MAN IN THE GLASS

When you get what you want
in your struggle for self,
And the world makes you king for a
day,
Just go to a mirror and look at
yourself,
And see what THAT MAN has to say.

For it isn't your father or mother
or wife,
whose judgment upon you must pass;
The fellow whose verdict counts
most in your life
Is the one staring back from the
glass.

You may be like Jack Horner and
chisel a plum
And think you're a wonderful guy,
But the man in the glass says
you're only a bum
If you can't look him straight in
the eye.

He's the fellow to please,
never mind all the rest,
For he's with you clear up to
the end,
And you've passed your most
dangerous, difficult test
If the man in the glass
is your friend.

You may fool the whole world
down the pathway of years
And get pats on the back
as you pass,
But your final reward will be
heartaches and tears
If you cheated THE MAN in the
glass. -- Anonymous

(This poem, fastened to the back of a
Boy Scout mirror, was made available
to Rangers by Jim Neidhoefer, former
Camping Chairman and President of the
Milwaukee Area Council, B.S.A.)